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# *The Williston Post*

Hometown News for Hometown People

VOLUME V ISSUE VI

JUNE 2018

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## The Willistons Remember



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# Clark Garden In The Spring

Spring is a very busy time at Clark Garden. Here are some of the highlights:

## Hundreds Attend Annual Spring Festival at Clark Botanic Garden to View Blooms And Enjoy Family Activities

North Hempstead Supervisor Judi Bosworth, the Town Board and other officials joined hundreds of visitors to the Third Annual Clark Garden Spring Festival. The Festival served as the kick off of spring at the Garden with many family-oriented activities, including face painting, lawn games, educational programs, a live reptile show and musical entertainment from Tiger Folk.

The National Circus Project's fairies and a giant tree on stilts wandered the garden and visitors were also treated to science experiments from Mad Science. The accompanying photos tell the story. If you missed it this year, be sure to go next year. You will be glad that you did.



## The Mothers' Day Weekend Plant Sale: A Special Time at Clark Botanic Garden

This past Mothers' Day Weekend Clark Botanic Garden was the place to be for the Spring Plant sale presented by members of the Auxiliary and members of the Town of North Hempstead's Department of Parks and Recreation.

The work of the Auxiliary members starts many months before, as they order the many flats of beautiful flowers, the flowering trees and bushes and the many varieties of vegetables that are on sale. Many visitors to the Plant Sale enjoy a flowering shrub or tree purchased several years ago that is now the centerpiece of a beautiful home garden.

Spring is only the beginning of the pleasures to be discovered at Clark Garden. When you find things getting hectic this summer reward yourself by taking some time out for a walk through your community garden. Perhaps you might visit the Gift Shoppe for a special gift for yourself or a friend. When you are there be sure to think of the many volunteers who maintain this wonderful oasis of serenity in our community and, if you see one, say thank you.



# St. Aidan's School Says "Thank You" to Veterans

By **Frank Oliveri**

On May 22nd the students at St. Aidan's School held their annual "Thank You" celebration for all veterans. The invited guests included veterans from World War II, The Korean War, the Vietnam War, the Gulf War and the War on Terrorism. The program started with the Eighth Grade boys presenting our Nation's colors, an opening prayer, and the Pledge of Allegiance to the Flag.

A select group of Eighth Grade girls spoke about the history of each of our country's wars and in between these presentations the audience sang The Star Spangled Banner, America



the Beautiful, America, and God Bless America.

This is always a moving observance but this year it was special in a personal way for me. Ms. Jeanne Cartwell, the mother of one of my closest friends, came to the service and sat next to me with all of the other veterans. I thought



she was there to see her three grandchildren who are students at St. Aidan's and were in the audience. I thanked her for attending and she surprised me with something I did not know when she told me that "I belong here with all of you, as I served in the Navy in World War II at Floyd Bennett Field in Brooklyn."

The students gave thank you cards, with a special note in each, to every veteran who attended. It was a special morning for me and for my fellow veterans, and I thank the students, Miss Oliver, and the teachers at St. Aidan's, for making it possible.

## The Staff of The Williston Post Wish a Happy Father's Day to All of the Fathers and Grandfathers In Our Community



## The Williston Post

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# St. Aidan's Honors Miss Oliver

On Monday, May 7, 2018, Miss Eileen Oliver, Principal of St. Aidan School, was honored for 40 years of outstanding service at the 2018 Annual St. Aidan School Golf Outing at the Wheatley Hills Golf Club.

Miss Oliver has taught and led by word and example and has served St. Aidan School in the true spirit of Christ. Miss Oliver began her teaching career at St. Aidan School and became the Principal in September 1995. Since that time she has continued to serve and lead this outstanding school with her passion and love for children on a daily basis.

The golf course and dinner were filled with hundreds of guests in a sold out event. There were alumni, parents, faculty and friends of St. Aidan School from the last 40 years. Special thanks to the generous sponsors who made the day such a success.

Many thanks to the golf outing committee Tony and Luisa Santos, Joseph and Kimberly Galante, Karen Suero, Nora Grady, Kristen Breglio, Linda Kuczwaj, Michele Amante, Manny DeMatos, Jr., Christopher Dowdell, John and Matt Grace Fiore, Joseph and Joanne Manopella, Aliete Milone, Thomas Tirernan, and Elizabeth Valen-



tine for making the day so special and successful.

Congratulations to Mr. Larry Bradley '79, who was the first recipient of the Deacon Frank Love Alumni Award.

Most of all, we owe a heartfelt thank you to Miss Eileen Oliver for all that she has done for the generations of parish children who have been touched by her career.



## Seen Around Town

East Williston native Dr. Nick Amico recently attended a networking event at Memories 2. He has established his practice, 516 Chiropractic, at 486 Willis Avenue in Williston Park.

516 Chiropractic is an integrated chiropractic office that promotes improved sports performance through active maintenance and rehabilitation. Their goal is to keep you training and competing by treating injuries before they affect your ability to perform. They provide sports performance care.

To learn more you can visit their website at [www.516chiropractic.com](http://www.516chiropractic.com).



# East Williston Little League News

## 11U Wildcats Are Memorial Day Tournament Champs!

The East Williston 11U Wildcats captured the Championship in the East Meadow Memorial Day Tournament. They reached the playoffs after playing against Rockville Center and Hicksville. They went on to beat East Meadow and then faced Port Washington in the Championship. It was a hard fought battle lasting 10 innings. The East Williston Wildcats emerged as tournament champions.

The 11U Wildcats roster consists of Andrew Asaro, Noah Fiorillo, Dylan Fisher, Sam Gilbert, Zach Gilbert, Troy Golden, Dylan McCauley, Connor Quinn, John Rubino Jr., Anthony Sampogna, and Anthony Saulino.

The 11U Wildcats are coaches by Sal Asaro, Andrew Fiorillo, Brian Fisher, and Thomas McCauley. The coaches



es are extremely proud of the boys and are looking forward to the upcoming

Hotstove Baseball League Playoffs. They finished their season there with

the best record in their division.

## East Williston 10U Wildcats Reach Hot Stove Playoffs.

The East Williston 10U Wildcats reached the semi finals of the Hotstove Baseball League Tournament but lost 7-4 to the Nassau Reddogs. It was a great performance for their first year of play, and the boys are looking forward to the next Tournament.

## East Williston Wildcats Say "Thank You Mom"

On Mothers' Day, the boys of the 10U and 11U Wildcat teams took a moment out from baseball to offer a thank you to their mothers for all that they do throughout the season. Each boy presented an autographed ball to his mom. It was a wonderful day, and there was a lot of pride and love on the field.

## Pack 8 News

The boys and leaders of East Williston Cub Scout Pack 8 proudly marched in the East Williston Memorial Day Parade.

They carried the American flag and Pack flag along the march route and joined the veterans from American Legion Post 144 in bringing the colors to the East Williston War Memorial for the Memorial Day ceremonies.

Well done, boys!



## Williston Park Recreation Day at Belmont Park

On June 2nd the Williston Park Recreation Committee sponsored a delightful day at the races with its The Top of The Stretch event at Belmont Race Track.

The Committee managed to secure a wonderful space right along the rails of the track and, for a change, the weather cooperated for the most part.

A good time was had, and proceeds were raised to support the many recreation events which this hard-working committee will sponsor, including their first (free) summer concert of 2018 on July 7th at Kelleher Field with The Fivestone Band.





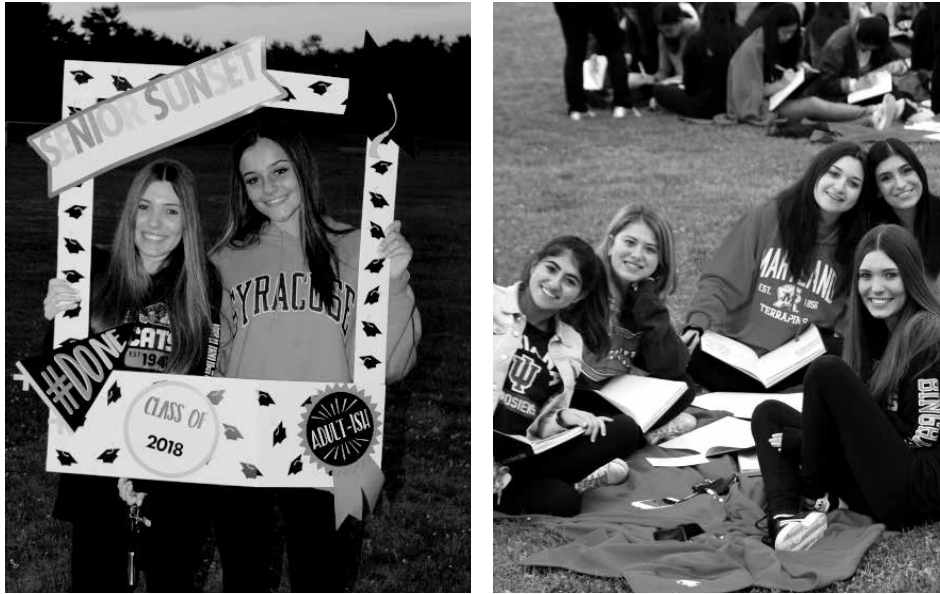
# News From Wheatley

## Wheatley’s Class of 2018 Ends The Year With Its Senior Sunset!

Our readers may recall that we reported on the beginning of the academic year for Wheatley’s Senior Class with an article about the Wheatley Sunrise. It was a fitting end both to their academic year and their careers at Wheatley that the Class of 2018 observed a Wheatley Sunset to close out the year, as they began their final week of classes.

On June 4th (unusually for the Spring of 2018), the weather cooperated with a beautiful evening as the Class came out to the fields to get their copies of the Wheatley yearbook. The students enjoyed refreshments provided by the PTO, signed each others’ yearbooks and reviewed the Senior Year Goals cards they completed at the Senior Sunrise. Then, as the sun began to set, the Class of 2018 came together for one final group photo.

It has been our pleasure here at The Williston Post to report on the activities of the Class of 2018 throughout the year. We offer our congratulations to the students upon their graduation, and wish them all the best in their future academic endeavors.



# Kerry Collins Honored By East Williston Village Board

Williston Park Building Inspector Kerry Collins was presented with the prestigious Mayor’s Award at the Memorial Day Services this year.

Noting that this is only the second time the award has been given to a non-resident (the previous award going to former POP Officer Bill Handworth), Mayor Tanner handed the Key to the Village to Kerry.

Since the untimely death of East Williston Building Inspector Bob Campagna, Kerry has helped the Village to navigate through some difficult times by handling the permits and inspections seamlessly.

Bob and Kerry had worked cooperatively for many years, and Kerry’s knowledge and understanding of the Village Codes has benefitted East Williston residents immeasurably.

The Mayor’s Award was well deserved, and the staff of The Williston Post congratulate Mr. Collins on this happy occasion.



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# "Hears" To You: Hearing Aid Technologies for Easier Living

Hearing aids have advanced dramatically, even in just the last of year. They're high-tech, tiny and discreet, easy-to-use, and perform far better than ever before. As a result, a national survey showed that the vast majority of people who purchased hearing aids in the last year are glad they did (91%). Modern digital hearing aids are as sleek, innovative and leading-edge as any consumer electronic device—just better—because they're fitted and programmed by an audiologist for your individual hearing and lifestyle needs.

You aren't going to get the best results shopping on the Internet or at the same big box store where you buy socks or groceries. A licensed audiologist is best-suited to help you identify the right hearing aids for your particular hearing needs and lifestyle if you have trouble hearing in these listening situations. Involvement by an audiologist means you get maximum benefit from the latest in hearing aid technologies, and personal coaching and follow-up visits that are invaluable in helping you make the most of your hearing aids. Learn about the newest generation of hearing aids, and reconnect with the day-to-day joys of living. Don't miss another one of life's singular moments.

**One-on-one, face-to-face conversations:** Most people who use hearing aids are very happy with the improvement they see in their ability to hear in one-on-one or small group conversations. You'd be surprised to find how even the most basic hearing aids can help you in these settings. Feedback cancellation technology, which is a very common feature, helps ensure that there's no unwanted squealing from your hearing aids when the conversation gets really close.

**Watching television:** Untreated hearing loss makes it hard to hear, especially when the volume of the program itself is constantly fluctuating. Wireless streaming, including Bluetooth-enabled hearing aids, let you feed crystal-clear sound directly from the TV into your hearing aids at volumes just right for you, and nobody else in the room knows when you're turning the volume up or down. Friends and family can control the TV remote according to their own needs. Streaming works with stereos and other entertainment systems as well. Automatic volume control even allows your hearing aids to adjust the sound level for you, which is a real asset, especially when watching "action" movies.

**In the car:** When driving, you want to be able to hear all the passengers no matter where they're seated. Binaural wireless hearing aids (that is, a wireless hearing aid for each ear) provide the answer. Hearing aids with adaptive directional microphones also can help. This technology lets you decipher speech from any direction. Importantly, noise reduction technologies allow you to hear speech even through the sounds of the surrounding traffic.

**Around the dinner table:** Few things are as isolating as being surrounded by family and the people you love and not being part of the conversation. But hearing aids allow you to pick up on the conversation without a lot of effort. Highly focused directional microphones help you zoom in on whoever is telling a great story. Just as in business meetings, wireless mini-microphones placed on the dining table help bridge the gap between you and those at the further end of the room by amplifying the speakers' voices directly into your hearing aids. Some microphones can even be clipped to the speaker's lapel or worn around their neck.

**On the phone:** Digital wireless hearing aids mean you can stream sound di-

rectly from your smartphone into your hearing aids without ever having to put the phone to your ear. This advanced-but-now-common technology allows for clearer, crisper sound. You control the volume with your phone. This means you can hear and understand phone conversations with less effort. For landlines, an older but very beneficial technology known as telecoils allows your hearing aids to pick up the signal directly from your telephone.

**In restaurants, coffee shops and other noisy settings:** Public places where people meet to talk can be especially hard for those with difficulty hearing, but advancements in digital hearing aids have made it easier to hear conversation in these settings. Directional microphones let you zoom in on the conversation, and noise reduction technologies help filter out background clatter and chatter. Accessories like mini-microphones, set on the table, clipped to your companion's collar, or as an app downloaded to your smart phone, can provide an added audio boost and clarity by wirelessly streaming your friend's voice directly into your hearing aids.

**At musical performances and in movie theaters:** When you're at a concert or other musical event you want to hear the richness and quality of the music. Fortunately, even the most basic hearing aids provide listening ease by eliminating the distortion that could occur with louder sounds, while ensuring the clarity of softer sounds. Automatic volume control also comes in handy, especially at the movies where the loudness of films constantly changes. Many performing arts centers and theatres are now equipped with hearing loops that work in conjunction with hearing aid telecoils, so the source of the sound streams directly into your hearing aids.

**At church, synagogue and other places of worship:** Even basic hearing aid technology helps decrease listening effort by amplifying the sounds of interest. At the same time, automatic volume control manages changes in the loudness of the various sounds during service—like the sermon, or organ music, or choir. An increasing number of churches are now equipped with hearing loops which work in conjunction with hearing aid telecoils to stream the speaker's voice directly into your hearing aids, making it easier to decipher speech when you're sitting or standing far from the speaker.

**Enjoying the outdoors:** Digital wind noise detection and reduction technology is just what you need when you are outdoors on a breezy day. Highly advanced noise reduction technology helps dim background noise when you're enjoying louder outdoor activities.

**Quelling that ringing in the ears (tinnitus):** Tinnitus is most often the result of noise exposure, and is almost always accompanied by hearing loss. Luckily, research shows that hearing aids alone often reduce the annoyance associated with tinnitus for most people. Not only do they help improve hearing and communication, but they also help reduce the prominence of that ringing in the ears by amplifying background sound. Just taking the focus off the tinnitus can provide relief for many people. What's more, hearing aids reduce the stress associated with intensive listening, which alone can help relieve tinnitus symptoms. Many modern digital hearing aids now include integrated "sound therapy," giving people even greater relief.

For more information, Dr. Genna can be reached at (516) 873-9742. Call today to schedule your complimentary consultation.

# East Williston Softball News



It's been a very busy season for East Williston's softball players. The program fields two teams, East Williston Red (Coach Brian Janicek) and East Williston Blue (Coach Tom Blennau). Both teams play other towns, including Manhasset, Garden City, and Williston Park, but the schedule also allows them to play each other during the season.

Recently the girls played each other in a real slugfest, with Blue winning by a score of 12-8. As you can see from the photo, a good time was had by all.

Top Row Blue: Emma Novak, Sonia Patel, Rachel Blennau, Chrissy Mavrakis, Angela Testani, and Tara Sewalt. Top Row Red: Lilly Zarmehrbakhsh, Robyn Garnock, Brianna Janicek, and Jessica Shaw. Middle Row Blue: Amanda Werny, Sofia Ramos, Maeve Brady. Middle Row Red: Amelia Crosby, Casey Shannon, Makenzie Sparacia, and Kayla Rogan. Bottom Row Blue: Rio Malito. Bottom Row Red: Ellie Duffy, and Danielle Tercynski.

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# The Herricks Leisure Club Embraces Spring

By **Dorothy Daly**

Spring – beautiful and bountiful and much appreciated by the members of the Herricks Leisure Club after we have endured “The Winter of our Discontent”. As the landscape blooms and entrances so do our seniors grow and learn from our encounters and activities at our club.

Our meetings of March 29 and April 5 were precluded by the school recess which commemorated Passover and Easter, but we returned on April 12 to a fully-scheduled assembly.

Corresponding Secretary Terry Lanese reported on several illnesses and Legislative Chairlady Tess Fiorentino notified us that new Medicare cards are being implemented.

Treasurer Jim Kovalsky informed us of March income and expenses while Membership Chairlady Jeanette Kovalsky told us of the substantial return on the “Trash and Treasure” fundraiser.

Director Hilda Escobar announced that Jeanette will be our honoree for Senior Recognition Day this year.

Our guest singer Carl Klippel serenaded us with his guitar and voice.

We were then visited by Herricks School Superintendent Fino Celano and Assistant Superintendent for Business Lisa Rutkoske who spoke of the notable accomplishments of the Herricks students.

President Lillian Ciesluk conducted a remembrance of 6 birthdays which was followed by a tasty pizza party.

When we convened on April 19, we learned that our traveling Vice President Frank Vendinello and his wife Ann were vacationing in New Orleans and that the Schrecks are back from their Florida sojourn.

We were alerted to a vehicle scam and the STOP program.

On April 26, Frank recommended New Orleans to the “Young at Heart” and we were advised that 97 year old Stella Siegel had passed away.

A most entertaining show ensued when our guests Lynn Gamboni and her partner Lou danced into our hearts



with an engaging performance of ballroom dance numbers.

A delightful trip occurred on April 30 when we ventured to the Westbury Manor to partake of a succulent lunch and the effervescent show “Funny Girl” arranged by Marie Cristello.

We gathered together on May 3 for a celebration of 4 birthdays rendered by Frank Vendinello in the absence of our vacationing President. Jim Kovalsky submitted a succinct financial report.

Our meeting of May 10 was an exceptional one. We honored our 96 year old Legislative Chairlady Tess Fiorentino who, after countless years of service to our Club and the community’ is moving to Arizona to be with her son.

Director Escobar offered a presentation and a collage from our group. Tess’s niece Kathleen spoke admiringly of her aunt’s long-time civic-mindedness and Tess’s brother-in-law Mario concurred.

Recognition of Tess’s many years of service was not limited to members of the Club, as a fitting tribute ensued from school officials and politicians. Superintendents Celano and Rutkoske praised her for her passion for community, while Town clerk Wayne Wink and Councilman Peter Zuckerman expressed their sadness at saying goodbye to Tess, and wished her well.

Town Supervisor Judi Bosworth presented a Proclamation declaring May 10 a Day of Recognition for Tess. Tess thanked our members and all the dignitaries who attended this special event.

To top off this iconic afternoon, we savored a catered chicken luncheon in honor of Mother’s Day.

Indeed, the Herricks Leisure Club has provided superior activities to our members and so, although we have reached our Autumn years, “Younger Than Springtime Are We”.

# Pack 221 Observes Memorial Day

The boys of Cub Scout Pack 221, and their leaders, had a busy Memorial Day this year. They did much to contribute to the observance of this important national holiday.

**Pack 221 Opens the Season At Bar Beach**

North Hempstead residents have traditionally opened the summer season with a program of fireworks at Bar Beach.

This year, on Saturday, May 28, four Webelos Scouts from Pack 221 were selected to lead the Pledge of Allegiance that began the program.

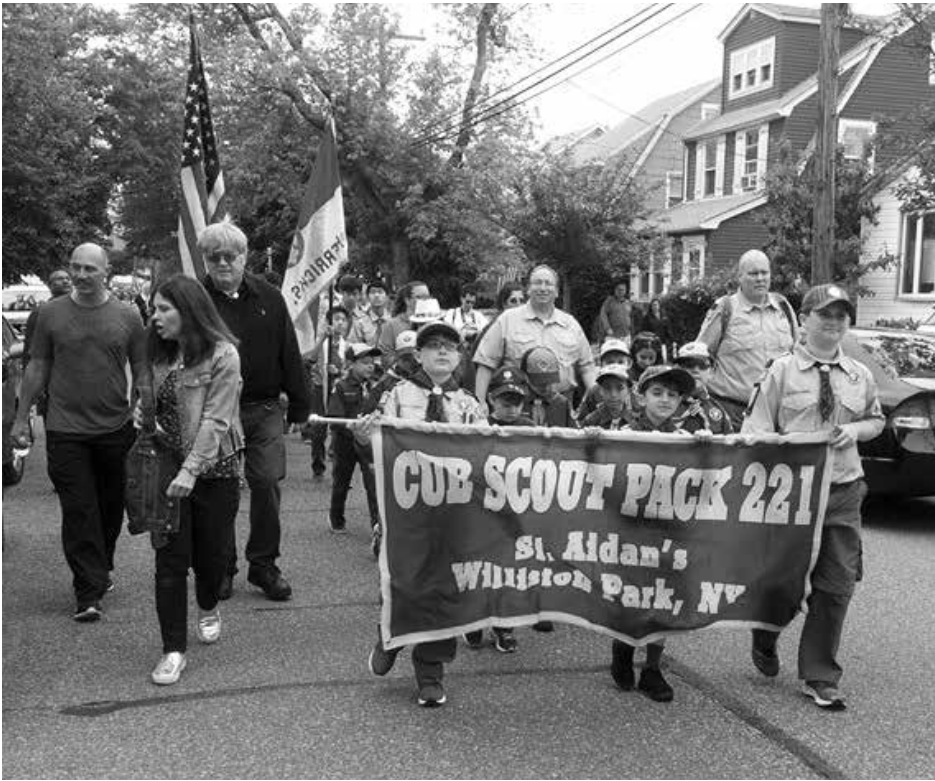
The Pledge was a reminder to the audience that Memorial Day is also a day of reflection about the cost of the freedoms which we enjoy.

The four young men, Philip Tranchina, Nicholas Carrodo, James Watkins and William O’Neill, did a wonderful job.

We look forward to hearing more about their and the Pack’s activities in Scouting next year, and to sharing their progress with our readers.

**Pack 221 Observes Memorial Day**

The Pack participated in the traditional Williston Park Memorial Day



Parade, and the boys proudly carried the American Flag and the Pack flag along the route of march. Residents who noticed a beautiful Memorial Day wreath outside of the headquarters of American Legion Williston Post 144 should know that it was created by the boys at their Pack meeting before Memorial Day, and was presented to the Legionnaires to honor their military service.

Scouting gives boys a great opportunity for fun, adventure and growth. Part of that growth is the opportunity to serve their community, and recognize those who have served.

The boys of Pack 221, their leaders and families should be very proud of their participation over the Memorial Day weekend.





# Two New Eagles at Troop 201

By **Frank Oliveri**

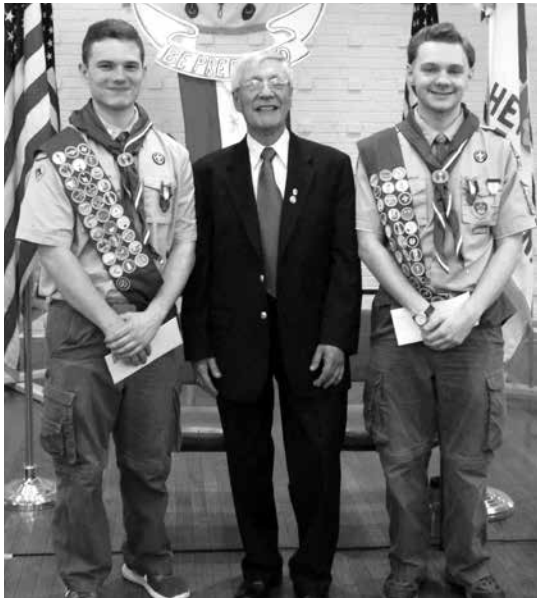
The leaders of Boy Scout Troop 201 conferred the rank of Eagle Scout on James Brautigam and James Thomas Russo at a Court of Honor on May 20th.

The ceremony took place at American Legion Williston Post 144. Eagle Scout is the highest rank that a Boy Scout can achieve and is earned by only a small percentage of boys who participate in Scouting.

The rank of Eagle is awarded through a rigorous advancement program which requires the new Eagle to:

- Be active in the Troop for at least 6 months as a Life Scout;
- Demonstrate Scout Spirit by living the Scout Oath and Scout Law in everyday life;

- Earn at total of 21 Merit Badges, 13 of which are Eagle required;
- While a Life Scout, serve actively for a period of 6 months in a position of responsibility;
- While a Life Scout, plan, develop, and give leadership to others in a service project helpful to the community. (The project is to benefit an organization other than the Boy Scouts). The project idea must be approved by the organization benefiting from the project, the Scoutmaster, the Troop Committee, and the District Eagle Board before the project can be started;
- Take part in a Scoutmaster conference, and;



Clockwise from top: Eagle Scout James Thomas Russo & his Family; Eagle Scout James Thomas Russo; Eagle Scout James Brautigam & his Family; Eagle Scouts James Thomas Russo, Frank Oliveri (Williston Park Rotary Club), James Brautigam; Eagle Scout James Brautigam.

- Successfully complete an Eagle Board Review.

Mr. Brautigam's Eagle Service Project involved the beautification of the grounds around the Shelter Rock Academy. He and his team removed weeds and vines and pruned existing plants and trees on the grounds. In addition they planted new trees at the entrance and installed a split rail fence and traffic stops.

Mr. Russo's Eagle Service Project improved the safety and appearance of the exterior of the American Legion Williston Post 144. The Scouts planted new shrubbery at the parking lot entrance, painted and repaired 120 feet of fencing and painted 40 parking stops to improve visibility.

Recognition in Scouting is never just given, it must always be earned, and this is never more apparent than when we review the accomplishments of our new Eagle Scouts.

The staff of The Williston Post joins the members of Troop 201 in congratulating these two fine young men, their leaders and, particularly, their families for this achievement. It recognizes their investment of time and talent over the course of many years which has done so much to make our community a better place.

# Animating Argumentative Writing

Jackson Avenue School in the Mineola Union Free School District recently began utilizing production equipment, such as Wondermedia Story Maker, with its students.

Third-graders in Meagan Fabitti and Michelle Rodriguez's dual language class are among the first to experiment with the program in order to complete their argumentative writing piece.

Students were asked to write a script with a story board, and then to bring their storyboard to life.

With assistance from trained teachers, students used the Audacity program to record their voices and then created animated characters to coordinate with the audio and their storyboards.

Gianna-Rose Leggio (left) and Kaitlyn Claros recorded their audio.

Photo courtesy of Mineola Union Free School District



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Liliana Gesualdo, Brittany Willoughby, Ashley Willoughby  
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# A Great Year For Schechter Softball

**Schechter School of Long Island  
Named Season Champions and Awarded  
Best Coach of the Year  
By Private Schools Athletic Association**

Schechter School of Long Island's 2018 Girls Varsity Softball Team went 7 and 0 for the regular season and was named Private Schools Athletic Association Regular Season Champions. In the 2018 final playoff game against Portledge SSLI putting the team as runner up in the tournament.

There was a small ceremony after the game where 4 Schechter LI players, Tali Schor, Gabby Goodstein, Heather Lipman and Sara Blau, were named All Conference Players. The team was also presented with the Regular Season Championship Plaque. In addition, Coach Courtney Athenas was chosen as Private School Athletic Association Girls softball Coach of the Year by all of the coaches in the league.

Coach Athenas said it best: "What an amazing season we had and it will be forever stamped in our memories. We look forward to the championship banner taking its place among the banners that line our gym."

Congratulations to the Schechter players, and best wishes for an overall championship next year!



# East Williston Seniors Enjoy Paint and Snack

On Thursday, May 17, the East Williston Seniors had fun at their monthly meeting creating a work of art.

The Little Art Studio of East Williston supplied the seniors with easels, canvasses, paints, brushes, and instructions.


Everyone created their own individual painting of a beautiful lighthouse scene, set against a clear blue sky, an aquamarine ocean, a sandy beach, pebbles, and greenery. The seniors were also treated to delicious croissant sandwiches, turkey wraps, snacks, sweet cookies, coffee and tea.

The June meeting will take place on Thursday, June 21, at 1:00pm and will feature an ice cream social to welcome the arrival of summer.


Join your East Williston senior friends at the Village Hall for a fun afternoon.



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# American Legion Williston Post 144 Holds Annual Blood Drive

Every year, on the second Tuesday in May, American Legion Williston Post 144 and Auxiliary Unit 144 holds its annual Blood Drive to support the New York Red Cross. This year the Drive was organized under the Chairmanship of Brian Dyke and Assistant Chair 3rd Vice Commander James Randle and their committee members, and it was a great success.

Thanks to the great support from our community the blood drive resulted in a donation of 75 pints of blood, which was a new record. These generous donors have helped to save the lives of many people, perhaps their neighbors.

The staff of The Williston Post joins the members of Post 144 in thanking all those who participated in this great endeavor.



Counterclockwise from top, Blood donors; Marilyn Bauman, President Christine Horvath, Barbra Afonso; Past County Commander Robert Robesch; Former Mayor Doreen Ehrbar



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Memorial Day in the Willistons is the unofficial beginning of Summer, as it is everywhere, and a delightful opportunity for friends and neighbors to get together for fun, food, a little running perhaps, and a parade. However, the Community recognizes the meaning of the observance, and the presence of our veterans in both villages reminds us that a price was paid for the pleasures of a summer's day. We hope that the accompanying photos illustrate both the fun and the solemnity of this national holiday.





# In The Garden

## June Is Rose Month

After a notably cool and rainy spring, gardeners are eager to enjoy the beauty of June roses. Nearly everyone loves roses for special occasions or just to enjoy in the peace of a spring or summer afternoon.

There are roses to meet every gardening style, color interest and fragrance—hardy beach roses to highly cultivated hybrid roses. Whatever your preference, all these roses have some common requirements for their long-term health and beauty.

Rose bush care maintenance is not difficult, but roses do require certain growing conditions to be healthy and produce many flowers. What is most important is a regular schedule of rose care. Here are some of the most important actions that should be in your regular rose maintenance program:

**Pruning:** By now, you should have done the big spring pruning task, removing all dead canes. Be sure that you have cleaned up all dead leaves and debris from under your pruned roses, too. This is one of the most important early spring rose gardening tasks.

**Mulch:** Before summer comes add a 2-3 inch layer of mulch around the base of the rose bush. This will help retain moisture and keep the roots cool. The mulch reduces water evaporation, so the roots are more likely to stay



evenly moist. It also helps to smother the weeds and discourages weed germination. Weeds are not only ugly, but they compete with your roses for soil moisture and nutrients. It is best to prevent them from growing in the first place.

**Water:** Water your roses on a regular schedule. Roses typically require a deep soaking several times a week, rather than limited watering daily. Overhead watering is not the best option, as it will help spread fungus spores. It is also very hard to give your roses a deep soaking by watering with sprinklers. Drip-irrigation systems and soaker hoses are two ways to deliver water right to the soil and minimize

water loss to evaporation. If you do use overhead watering, the best time to water your roses is early in the morning so the foliage will dry out quickly.

**Deadheading:** Deadheading roses is the simple act of removing spent flowers to tidy up the rose bush and to encourage more blooms. Once your rose flowers begin to fade, it is time for deadheading your roses. Removing the fading flowers will prevent your rose plants from wasting energy on producing hips, which are the fruits of the rose plant. Cut off the faded flowers, using a pruning tool. Make the cut below the bloom just above the first leaflet.

Most of all enjoy your roses – in the garden, in your home, as gifts to others!



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# Celebrating 30 Years of Ownership With The Cuttin' Club

By Valerie Pristupa

We celebrate 30 years at The Cuttin' Club under the ownership of Laura Rego. Laura began her career here 40 years ago as a hairdresser before she took over ownership. When you walk into The Cuttin' Club, you are greeted with a warm welcome like you are a part of their family.

The Cuttin' Club caters to clients of all ages which is why many families are comfortable with these talented stylists. Having that interaction with your stylist results in a very relaxed atmosphere that makes getting your hair done a positive experience. Laura says that the passion that she and her colleagues have for the beauty business over these decades would not have been possible without her faithful clientele. She recently said that "I think one of my favorite things about this place is watching the kids grow up here with us and become adults."



The Cuttin' Club offers a multitude of creative options with different hair-

styles, colors, and hair products at affordable prices. The result is an experience that makes every client satisfied. The Cuttin' Club intends to keep up with the changes in the industry along with the upcoming styles and the latest

hair products.

The talented and professional Cuttin' Club hairdressers have a motto --"Your SATISFACTION is our GOAL" which shows how much they truly care for each client's hair desires. This team takes pride in their work and in the happiness of their customers with their Cuttin' Club experience.

This June, The Cuttin' Club will offer specials including giveaways, hold a paint-night, and have raffles with the proceeds going to the Alzheimer association, which means a lot to them.

Come into The Cuttin' Club located at 153 Hillside Avenue in Williston Park and join Laura and her amazing, talented staff for their 30th anniversary!

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## Herricks Harry O'Neill Flag Day Memorial 5K Run and Fun Run

**June 16, 2018**

Presented by Herricks Athletic Boosters [www.herricks.org/abboosters](http://www.herricks.org/abboosters)





Proceeds from the race will go towards scholarships for athletes and support Athletic Boosters programs for students.

**Time:** 5K Run/Walk 8:30 AM. Fun Run 10:00 AM.  
**Location:** Herricks High School (100 Shelter Rock Rd, New Hyde Park, NY)  
**Registration:** Pre-Registration until 6/8/18  
Late mail-in or on-site 6/16/18 (4:00PM-7:00PM) & 6/16/18 (7:00 AM to 8:00 AM)  
**Race Fees:** Adults \$25 (\$30 after June 1st) Military/ First Responders \$20  
Students (18 and younger) \$16 (\$21 after June 1st) Fun Run \$10  
**Awards:** \* Top 3 Overall Male and Female \* Top 3 Masters Male and Female  
\* Top 3 Military \* Top 3 First Responders \* Top 3 Male and Female in each age group  
\* Top Herricks Staff  
\* Medals will be given out to all fun run participants and 5K children under 10.  
\* Penguin Award for last 5K Finisher

**Categories** 5K run: 14 & under, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70 +  
**Amenities:** Custom designed short sleeve race T-shirt to all Pre-Registered participants (and race day registrants while supplies last). Water stations located throughout the course. Post race refreshments, snacks, and participant raffles at Herricks High School Field. Field Activities and games for children.  
**Packet Pick-up:** Friday June 15th, 2018 - 3:00 PM to 7:00 PM at Herricks High School Hut.  
Saturday June 16th, 2018 - 7:00 AM to 8:00 AM at Herricks High School Hut.

**Timing provided by USA Timing, Inc.**  
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# Williston Park Public Library News

By **Donna McKenna, Director**

From the Director:

The Library’s Summer Reading Club Kickoff will take place on Wednesday, June 27 from 12–3pm in the library. Children of all ages are welcome to attend! Fun programs are scheduled throughout the summer!

Adult Programs

Reiki Circle—Friday, June 22—6pm in the Library. \$10 p/person. Sign up at the Circulation Desk.

Caregiver Ambassador Program—Thursday, July 10—12-1pm in the Library. Through the Parker Jewish Institute, social workers will be able to provide caregivers with useful information in caring for their loved ones.

Clothes Pin Nautical Wreath—Tuesday, June 26—6:30pm in the Library. \$24 material fee due at registration. Please bring a glue gun and extension cord. Sign up at the Circulation Desk.

Alcohol Awareness with Fatal Vision Goggles—Monday, July 9—5pm in the Assembly Room of Village Hall for those 16 years and older. An interactive lecture on the effects of drinking and driving while experiencing a realistic simulation of impairment. Sign up at the Circulation Desk.

Brian Lewis & the New Vintage Orchestra—Tuesday, July 17—7pm in the Assembly Room of Village Hall. Enjoy the songs of Ella Fitzgerald, Natalie Cole and others. Sign up at the Circulation Desk.

Paint Night—Friday, August 3—7pm in the Assembly Room of Village Hall. \$23 material fee due at registration. Sign up at the Circulation Desk.

Children’s Programs:

Story Hour for Tots—Thursday, June 28; July 5, 12, 19 & 26; August 2—11am in

the Library for Children 1–3 years old. Sign up at the Circulation Desk.

Ceramic Father’s Day Bank—Friday, June 15—4:30 pm in the Assembly room of Village Hall for children 5+. There is a \$5 materials fee due at registration. Sign up at the Circulation Desk.

SUMMER READING CLUB KICKOFF—Wednesday, June 27—12-3 pm in the Library. Children of all ages are welcome to register.

Let’s Rock with Laughter—Wednesday, June 27—3pm in the Assembly Room of Village Hall for children of all ages. Continue the Summer Reading Fun with comedian Robert Rivest.

Green Meadows Farm—Saturday—July 14, 11am in the Assembly Room of Village Hall for children of all ages. Sign up at the Circulation Desk.

Rock the Library Music Quest—Tuesday, July 24—6pm in the Library for kids 7-14. Sign up at the Circulation Desk.

Double Dutch with Erica Dantzler—Thursday, July 26—5pm in the Assembly Room of Village Hall for kids in 5–8 grade. Sign up at the Circulation Desk.

Tactile Ocean Themed Art—Saturday, August 4—11am in the Assembly Room of Village Hall for children of all ages. Sign up at the Circulation Desk.





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# A Partnership In Faith: CSI Jubilee Memorial Church and the Episcopal Church of the Resurrection

The Episcopal Church of the Resurrection shares space, and occasionally worship, with the Jubilee Memorial Church of South India. Here is a description of the Church of South India (C.S.I.), and plans for a joint worship service, by its current Pastor, The Rev. Sajeev Sugu.

CSI is a united and uniting church from the Anglican, Presbyterian, Congregationalist and Methodist backgrounds, stemming from a series of missionary endeavors to India, commenced in the early years of the 17th Century. CSI Madhya Kerala Diocese,

at the St. Mary’s Chapel of what was then St. Andrew’s Episcopal Church at 147 Campbell Avenue in Williston Park.

The opportunity to join in Anglican/Episcopal services at the Episcopal Church of the Resurrection is a precious blessing to the CSI Jubilee Memorial Church. Madhya Kerala Diocese had the privilege of using the “Book of Common Worship” for its liturgical requirements, until it became the part of the Church of South India in 1947. The present liturgy is built upon the “Book of Common Wor-




one of the 24 dioceses in the Church of South India, shares the ancestry and the tradition of those Anglican missionaries. The first 65 years of the diocese were governed by 5 Anglican Bishops in succession and then bishops were ordained from within the Diocese.

Having the first holy communion service observed on November 17, 1996, and being named as the CSI Jubilee Memorial Church in commemoration of the golden jubilee celebrations of the Church of South India (CSI), we were so fortunate to get an independent place of worship in 1998

ship” and still follows the same structure. Thus the CSI Jubilee Memorial Church is honored and privileged to welcome the congregation of the Episcopal Church of the Resurrection to the CSI Jubilee Memorial Church of New York to jointly celebrate the Communion Service on Sunday September 9th, 2018, using the CSI Order of Worship.

The Episcopal Church of the Resurrection is a place where all are welcome. We invite the readers of The Williston Post to visit us, in person or at our website, <http://www.resurrectionwillistonpark.org>, to learn more.

## Hometown News Is What We’re All About!



Email us your news!  
Birthdays, Grand Children, Anniversaries, Retirements, Graduation, Communions, Confirmations, Bah Mitzvah’s, Bat Mitzvah’s, Oktoberfest, Ramadan, Quinceanera’s Dragon Boat Festival Pictures

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# Herricks Students Excel In Academics

## Herricks Board Honors Three Outstanding Students

During the Herrick Public Schools’ regular Board of Education meeting on May 3, the District recognized Herricks High School Class of 2018 Valedictorian Esme Chen and Salutatorian Janet Hsu. Junior Eish Maheshwari was also honored for advancing to the Intel International Science and Engineering Fair qualifier, earning first place in the Long Island Science and Engineering Fair and being selected as Yale Scientist Award Recipient.

Superintendent of Schools Dr. Fino Celano commended the students for their hard work and achievements. He invited Esme and Janet up to the front of the room, where he shared the students’ numerous academic accomplishments and extracurricular activities. Both students were awarded a certificate of achievement in recognition of their years of academic excellence.

Assistant Superintendent for Instruction Elizabeth Guercin spoke about Eish’s accomplishments in the field of science. Dr. Celano awarded him with a certificate for his accomplishments and invited him up to the front of the room to provide the community with an overview of his research.

## Eish Maheshwari Wins Award At The International Science And Engineering Fair

Eish has received the Grand Award, fourth-place, in Translational Medicine with a \$500 prize and a special award from the University of the Sciences in Philadelphia with a \$9,500 scholarship for four years if he chooses to attend the school. He presented his research project, “Strategies for Tuning the Release Profile of Curcumin-Loaded Nanoparticles to Improve Drug Bio-availability and Optimize Sustainable Delivery,” to a panel of judges that are leaders in industry and research. Eish will continue to compete for more than \$5 million in prizes and scholarships at the world’s largest pre-college science fair.



Eish has been mentored by Science Research Teacher Renee Barcia since the ninth grade and worked with her to prepare for the challenging questions at this competition. He was also mentored by Dr. Joel Friedman of the Albert Einstein College of Medicine Department of Physiology and Bio-

physics.

Eish advanced to the 2018 ISEF after being recognized as a Long Island Science Congress Regional Finalist in April. He is also among only 14 Long Island entrants that qualified for the New York State Science Congress by achieving this distinction.



## Herricks Student Takes First-Place Win In Writing Contest

Herricks High School sophomore Carrie Hsu has been recognized as a first-place winner in the 2018 Kenneth Gambone Writing Contest and was formally honored at the Long Island Language Arts Council Spring Luncheon. Held at Captain Bill’s in Bay Shore on May 19, this event celebrated award recipients that represented grades 4, 7 and 10.



Carrie’s original piece was based on the theme, “The More You Dream, The Further You Get.” It was published in the luncheon program and she had the opportunity to read it aloud before the entire audience of attendees. She was joined by teacher Alan Semerdjian, who has been involved in the event in the past and served as a keynote speaker last year. This year’s featured speaker was author Gae Polisner, who also co-hosts the Teachers Write! virtual summer writing camp.

Photos courtesy of the Herricks Public Schools

# Denton Avenue Kindergartners Are Ready To Read

The kindergartners at the Denton Avenue School all had an opportunity to visit the Shelter Rock Library and obtain their library cards this May during one of the six separate trips coordinated by the Denton Librarian Donna Deodato.

Children’s Librarian Susan Nolan and other library staff escorted the groups through the public library, read stories and taught them about the Summer Reading program. This free program encourages children to sign up and read during the summer to earn great prizes. The students look forward to putting their new library cards to use and exploring many books!

Kindergartners from Denton Avenue School enjoyed touring the Shelter Rock Library and receiving their own library cards.

Photo courtesy of Herricks Public Schools



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# Pack 201 Provide Long Island Ducks Color Guard

Rainy weather did nothing to dampen the enthusiasm of the Cub Scouts from Pack 201 from the Center Street School in Williston Park as they provided the color guard to open a Long Island Ducks game on May 27th. As you can see, the boys did a wonderful job presenting our nation's colors, and it certainly looks like they had a good time as well.



# Janine Saraceno Wins LIRR Safety Slogan Contest

St. Aidan's 8th grader Janine Saraceno is this year's winner of the Long Island Railroad Safety Slogan Contest. Janine was one of hundreds of middle school applicants and her slogan, "Don't Be Safety Blinded, Be Safety Minded!", will be displayed on posters in the Mineola LIRR station. Janine serves as President of the Student Council at St. Aidan School. After graduation, she will continue her education at The Mary Louis Academy. St. Aidan's School expressed its thanks to the education department at the LIRR for including its students in this important safety conversation, as well as special thanks to Physical Education/Health teacher Mrs. Luti for organizing and submitting Janine's work. The staff of The Williston Post congratulate Janine for this well-deserved recognition, and we offer our best wishes for a successful academic career at Mary Louis, and beyond.



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# Herricks Music Students Celebrate Spring With Award Winning Performances

## Herricks Cello Quartet Performs At Lincoln Center

On May 3, the Herricks High School Cello Quartet performed the premiere of a piece written specifically for them by a young, up-and-coming composer, Bryan Wysocki, at Avery Fisher Hall at Lincoln Center. They were the only ensemble to play new music, which was a difficult and extraordinary feat. The Cello Quartet is comprised of ninth-graders Dara Bao, Justin Koe, Kyle Pinzon and Justin Yang.



The performance was the culminating achievement of the Lincoln Center Chamber Music Society’s “Young Musicians Program” Competition. The students applied with audition recordings in January and advanced to the regional semifinal, which was held at the Tilles Center back in February. As winners of this round, they had 3 coaching sessions with Chamber Music Society roster artists. The Cello Quartet was one of only 11 ensembles chosen to perform in the final performance at Lincoln Center. The other student ensembles hailed from places such as South Korea, Ohio and other Tri-State area school districts.

High School Orchestra teacher Catherine Fish stated, “These students tackled a piece that most students of music performance at the Graduate level would find incredibly difficult, if not impossible!”

## Herricks Musicians Perform In Trills and Thrills

On May 10, three ensembles from the Herricks High School Music Department traveled to New Jersey to participate in the Trills and Thrills festival.

The Ninth-Grade Band, Ninth-Grade Orchestra and Ninth-Grade Chorus performed under the direction of Scott Stickley, Catherine Fish and Louise O’Hanlon, respectively. They played challenging concert programs for a panel of judges that offered comments and performance evaluations. All of the Herricks ensembles received superior ratings – the highest possible – and positive feedback from the adjudicators. The students spent the rest of the day at Six Flags Great Adventure celebrating their success.



## Herricks Choirs Perform at St. John’s

On May 2, Chamber Choirs from Herricks Middle School and Herricks High School, led by Directors Louise O’Hanlon and James Ludwig, performed a concert of choral music at St. John’s Episcopal Church of Lattingtown.

This was the inaugural collaborative concert between these two ensembles and St. John’s has invited the choirs to sing again next spring. The Chamber Choirs performed choral works by composers including Tomás Luis de Victoria, G. F. Handel, Vaughan Williams, Benjamin Britten, Neil Ginsberg, and Rollo Dilworth.



# Local Artist’s Photos On Display at Clark Botanic Garden

## “Our Connection To Nature” Exhibit On Display Until July 20th

The Clark House at Clark Botanic Garden will be the temporary home to a new photo exhibit titled “Our Connection to Nature: A Photographic and Literary Exhibit.” The photos were taken by Mineola resident Diana Lutz, and will be on display until July 20th.

Photographs in the gallery include wildlife such as a great blue heron, great egret, snowy owl, osprey and piping plover. All the photos were taken at locations across Long Island including Clark Botanic Garden. For more information please call 311, or 516-869-6311.

Photo by Diana Lutz in the “Our Connection to Nature” exhibit.



### It’s All About Giving Back....

On behalf of the parishioners that we serve from St. Aidan’s Church, Roslyn Heights Funeral Home will make a \$250 donation in their loved one’s name to any program or ministry that is part of St. Aidan’s Church.

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# East Williston 5K Memorial Day Race

East Williston held its annual 5K Memorial Day Race and, as always, it was a wonderful morning of friendly competition, personal bests, and a great way to begin Summer a few weeks early.

The first place male finisher was



Jack Keys, with a time of 17:46.

Emmie Keys was the first place female finisher, with a time of 20:26.

Not surprisingly, the Keys family took the first overall family award.

Congratulations to them all.



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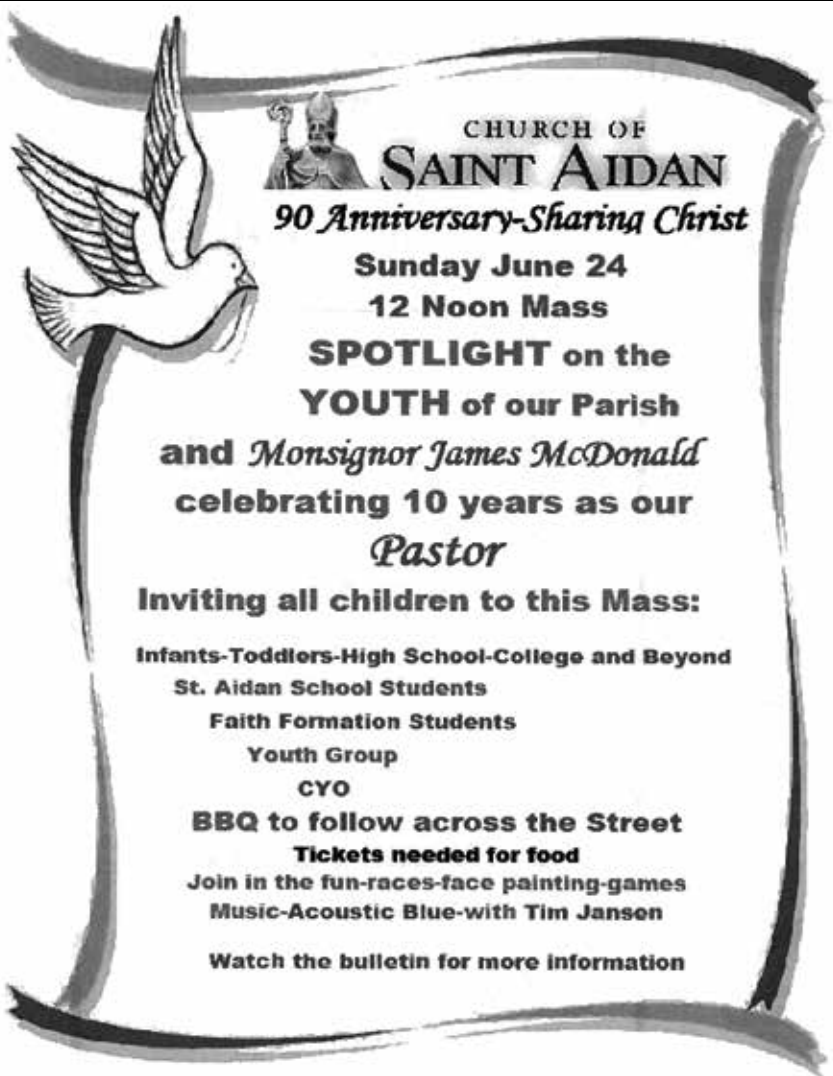
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# Folding The Flag

By **Raymond Haller**

Flag Day occurs in June, and I thought it would be a good time to discuss something that has always interested me—the significance of the way that we fold the American flag. Everyone knows, of course, that it’s folded 13 times and that in the end it forms a triangle if it’s been done correctly, but I wondered if there was any particular significance to the individual folds. As is always the case, a trip to the Internet produced numerous opinions, but little certainty, so I decided that the explanation that follows is as good as any.



Flag Folding Demonstration, By P.C. Frank Busa & 1st Vice Bob Valentine

- The 1st fold of our flag is a symbol of life.
- The 2nd fold is a symbol of our belief in eternal life.
- The 3rd fold is made in honor and remembrance of the veterans departing our ranks who gave a portion of their lives for the defense of our country to attain peace throughout the world.
- The 4th fold represents our weaker nature, for as American citizens trusting in God, it is to Him we turn in times of peace as well as in time of war for His divine guidance.
- The 5th fold is a tribute to our country, for in the words of Stephen Decatur, “Our Country”, in dealing with other countries, may she always be right; but it is still our country, right or wrong.
- The 6th fold is for where our hearts lie. It is with our heart that We pledge

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- allegiance to the flag of the United States of America, and to the Republic for which it stands, one Nation under God, Indivisible, with Liberty and Justice for all.
- The 7th fold is a tribute to our Armed Forces, for it is through the Armed Forces that we protect our country and our flag against all her enemies, whether they are found within or without the boundaries of our republic.
- The 8th fold is a tribute to the one who entered into the valley of the shadow of death, that we might see the light of day.
- The 9th fold is a tribute to womanhood, and Mothers. For it has been through their faith, their love, loyalty and devotion that the character of the men and women who have made this country great has been molded.
- The 10th fold is a tribute to fatherhood and the Father for he has also given his sons and daughters for defense of our country.
- The 11th fold represents the lower portion of the seal of King David and King Solomon and glorifies in the Hebrews’ eyes, the God of Abraham, Isaac and Jacob.
- The 12th fold represents an emblem of eternity and, with its three corners, glorifies in the Christians’ eyes, God the Father, the Son, and Holy Spirit.
- The 13th fold, when the flag is completely and correctly folded, leaves the stars uppermost, reminding us of our nation’s motto, “In God We Trust.”



- After the flag is completely folded and tucked in, it takes on the appearance of a cocked hat, ever reminding us of the soldiers who served under General George Washington, and the Sailors and Marines who served under Captain John Paul Jones, who were followed by their comrades and shipmates in the Armed Forces of the United States, preserving for us the rights, privileges, and freedoms that we enjoy today.
- The next time that you see a Flag ceremony honoring someone who has served our country, either in the Armed forces or in our civilian services such as the Police Department or Fire Department, keep in mind all of the important reasons behind each and every movement. While there is no official significance or meaning to the 13 folds of the American flag, I understand that the sentiments written above have been adopted by many veterans and family members of veterans of our great nation as they reflect what we recognize about our flag and our country. These ideas give meaning and hope to those family members who have lost a loved one protecting us, and fighting for our freedoms. For me that’s as good a reason as any to adopt them for myself. In closing let me simply say, about our veterans and the flag they carried, “We thank you for your service!”
- The staff of The Williston Post wishes all of our readers a Happy Flag Day.

# Saint Aidan’s Junior Catholic Daughters Association Awards Night




- On Tuesday evening May 8th the JCDA held their annual awards night, where awards are given for Poetry and Essay submissions, and where High School Scholarships are announced.
- Division I Poetry: Betrice Denny, 1st Place, Cate Grady, 2nd Place, Olivia Schnurer, 3rd Place.
- Division I Essay: Nicholas Caroddo, 1st Place; Marissa Krukowski, 2nd Place, Caroline Martins, 3rd Place.
- Division II Poetry: Lana Cale, 1st Place, Mathew Gavagan 2nd Place, Jane Kinney, 3rd Place.
- Division II Essay: Janine Saraceno, 1st Place, Christine Lane 2nd Place, Ashley Dellollo, 3rd Place.
- 2018 Scholarship Winners: Father Tulley Memorial Scholarship; Conner Kennedy, Julia Valente, Joan P. Foy Memorial Scholarship; Andrew Magaritis, Christina Massetti, Judith Dunlop Memorial Scholarship; Andrew Pizzardi, Alanna Pettinato.
- Nassau County JCDA Scholarships: This year the Nassau County Scholarships were all won by students of Saint Aidan’s Catholic School; Megan Broming, Olivia Christel, Julia Valante, and Andrew Margaritis.
- The staff of The Williston Post joins the parents and teachers of these talented students in congratulating the winners.

Calling all  
East Williston Seniors!


Join your fellow EW Seniors

On Thursday, June 21st

At 1:00 pm in the Village Hall



Snacks and dessert will be served



Come join your East Williston friends and enjoy an ice cream social to welcome summer. Socialize and talk with old and new friends as we think about summer and vacation plans.

Looking ahead...this is our last meeting until September. Hope your have a great summer and hope to see you on **Thursday, Sept. 20<sup>th</sup>.**

You're Invited, Friday June 1st @ 7:30pm



**CUB SCOUT PACK 311**  
Of Williston Park  
**INVITES YOU TO ATTEND OUR OPEN HOUSE**

**COME SEE WHAT YOU'VE BEEN MISSING!**



CAMPING \* HIKING \* FISHING \*  
ARCHERY \* ROCK CLIMBING \*  
FIELD TRIPS \* KAYAKING \*  
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FAMILY EVENTS \* LEARNING \*  
PINE WOOD DERBY RACES \*  
CHARACTER DEVELOPMENT \*  
AND SO MUCH MORE!






Prepared. For Life.™

We are currently inviting grades K - 5 for our scouting program. Our Scout Dens have a tendency to fill quickly so register now to reserve a place for your child.

When: Friday June 1st at 7:30 pm  
Where: The Episcopal Church of the Resurrection  
147 Campbell Avenue at Center Street  
Williston Park, NY 11596  
For more info Call: Scoutmaster Sean Stone 917 482-4835







**Buddhist Compassion Relief Tzu Chi Foundation Long Island Branch U.S.A.**  
60 East Williston Ave. East Williston, NY 11596  
Tel: (516) 873-6888 Fax: (516)746-0626

**Iyengar Yoga Instructor: Vicky Seff**


Vicky is a Certified Iyengar yoga instructor who has been teaching in Nassau County since 2007. Vicky has over 1,900 hours of teaching, and is a Certified “Yoga for Scoliosis” instructor, and a Certified Yoga Therapist. The emphasis of this class is on alignment with the use of various props and the focus will be on a meditation in motion. You will gain strength, flexibility and awareness with this yoga practice. Join us at the beautiful Tzu Chi Center facility in East Williston (Corner of Roslyn Road and Hillside Avenue/East Williston Avenue). All levels are welcome.

You will need a yoga sticky mat, two blocks, a yoga belt and 3 yoga blankets (Vicky will have extra blocks and belts). Please wear comfortable clothing and please do not eat an hour before class.



**Thursdays 9:30am-11:00am**  
**Summer Session: July 5-August 23, 2018 (8 classes)**  
\*July 5, 12, 19, 26, August 2, 9, 16, 23\*  
**\$120 for the entire session\*\*\***  
Please make check payable to: Tzu Chi Foundation  
\*\*\*Late registration will be accepted. \$20 for a single drop-in class.  
Continuing and new students are welcome. \*\*\*

Contact Lillie Wong (516) 741-1125 or Fen Han (516) 626-1216  
Questions regarding Iyengar yoga? Contact Vicky at (917) 846-4347 or visit her website at [www.Floating-Lotus-Yoga.com](http://www.Floating-Lotus-Yoga.com)



**Tzu Chi Foundation U.S.A.**  
**Iyengar Yoga Workshop/ Summer Session July 5-August 23, 2018**  
Enclosed please find my check for the yoga classes I have registered. I understand I must supply my own yoga kit, and there will be no compensation for any missed classes.


Name: \_\_\_\_\_ Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Amount Paid: \_\_\_\_\_



**90<sup>th</sup> Anniversary Celebrations**

**JUNE 24**

**12 pm Mass Spotlight on:**  
**All Youth** of our Parish  
**And Msgr. McDonald**  
**Celebrating 10 years as**  
**Our Pastor**  
**Followed by BBQ - food (tickets)**  
**Music~fun~games for all**  
**BAND-Acoustic Blue-Tim Jansen**

**AUG. 31**

**9 am Mass Spotlight on:**  
**St. Aidan Feast Day**  
**Come to the**  
**Convent**  
**Come enjoy some home made**  
**Irish Soda Bread**  
**Tea, Coffee, Meet Neighbors**  
**Hosted by: Catholic Daughters of America**

**Sept. 23**

**12 pm Mass Spotlight on:**  
**Community Leaders**  
**Presidents of Societies (CDA,**  
**CYO, Holy Name, PACE, Rosary-Altar)**  
**1<sup>st</sup> Responders (Police, Fire, Nurses,**  
**Doctors) Military, Scout Leaders,**  
**Mayor, Teachers**  
**Hosted by: Holy Name Society**

**Saint Aidan Church**  
**90th Anniversary Celebration**  
**Kick Off Mass followed by BBQ**






June 24th following 12:00 mass until 5:00 pm  
Location: Cross Street Fields  
Address: 6 Cross St Williston Park, NY 11596  
(Fields behind Saint Aidan School East Campus)



★ ★ ★  
Price: \$10 per person / \$8 for senior citizens  
Children 10 and under free (accompanied by an adult)  
If paid prior to June 18th, after June 18th prices will increase \$2.00.

★ ★ ★  
Join us for music by Acoustic Blue.  
Face painting, cotton candy and games for everyone!  
Lunch includes choice of hot dog, hamburger or chicken fingers and French fries with all the trimmings!  
Pizza donated by Gino's will be served throughout the day.

★ ★ ★  
Please drop Reservations off at the rectory or check the bulletin for the dates. We will be outside of church starting in May!

Name: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Email Address: \_\_\_\_\_  
People Attending: \_\_\_\_\_ at \$10 each = \_\_\_\_\_  
Senior Citizens Attending: \_\_\_\_\_ at \$8 each = \_\_\_\_\_  
Total Amount Enclosed = \_\_\_\_\_





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**GRAND OPENING**  
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