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The Williston Post

Hometown News for Hometown People

VOLUME V ISSUE V

MAY 2018

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Cheek To
Cheek
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St. Aidan's Class of 1978

The St. Aidan's Class of 1978 recently held its 40th Anniversary Reunion. We have received two articles about the event, from the perspective of a student member of the class, and a beloved teacher, and we share both of them with our readers.

The Reunion, Class of 1978 By Maureen Marsala

On Saturday April 14th, the members of St. Aidan's Grammar School class of 1978 celebrated the 40th anniversary of their graduation with a reunion. The event drew members of this closely-knit class from Long Island and New York City, as well as from Indiana, Pennsylvania, North Carolina, New Jersey, Connecticut, Massachusetts, and New Hampshire. The Class celebrated the day at the Inn at New Hyde Park in the afternoon, followed by an after party at TR's in Williston Park which lasted into the early morning hours. No one wanted the party to end! A total of 57 classmates, 3 lay teachers and 2 nuns attended. In addition, the class set up a memorial to honor their classmate, Michael Cahill, who lost his life on 9/11, and funds were donated to have a plaque made in his memory to be displayed at St Aidan's Grammar School.

The event was photographed by a professional photographer, Paul Prince, who captured precious moments of hugs and embraces, tears, laughter and joy. This special day brought together some very special teachers who the class felt made an impact on their lives. Friendships were renewed amongst classmates and old friends, and we all felt as though no time had passed since we left St. Aidan's.

The Class of 1978 is also the Time Capsule Class which was engineered by our dear Mrs Grady. Buried on the Lafayette Street entrance to the church, we have another 8 years until it is dug up. God willing we will all be able to reunite then to celebrate that momentous occasion but, for now, we are all reminiscing about a beautiful Saturday that brought lots of laughter,



and heartwarming moments to last a life time.

Class of 78 - An Unusual Reunion By Marylou Grady

Some reunions can be awkward, dull or painfully long, but not so the 40th reunion of St. Aidan's Graduating Class of 1978. This reunion was per-

fect. The time went too fast, the teachers who came were fabulous, and the smiles were priceless. Those long gone days came alive, and the entire day was a treasure beyond all expectations. The energy in the Inn at New Hyde Park was electrifying. Conversations were constant. Everyone was talking to everyone, and hanging on every word

spoken. Forty years dissolved and one would think these people saw each other only yesterday. Remembering filled the air and stories of days long gone came to life.

The teachers in attendance, Sr. Aileen, Sr. Carol, Ms. McMahon, Ms. Keller and Ms. Grady, added anecdotes that were priceless. 60 graduates attended out of a class of 120, and those unable to attend were missed but they were present in Spirit. A beautiful reminiscence was prepared for Michael Cahill who perished on 9/11, and plans for a lasting tribute to his memory are in the works.

Although the day was to celebrate 40 years since leaving elementary school, the Time Capsule from 1976 provided its share of memories, as did the American flag the class made in 6th grade Social Studies. Forever blessed that we all were a part of something so special, we look forward to opening the capsule in 2026. Many thanks to Brother Warren, our Principal in 1976, and to Monsignor Bermingham, for giving us the "green light" for this project.

The force behind this extraordinary event was Maureen Farrelly Marsala, Bobbi Palamara Carnes, Rich Wiloughby, Bill Burns, Maureen Healy and many others. Thanks to Larry Murphy and Laura Fisher Murphy for bringing the class flag, and to Chris Lynch for helping Maureen with the Mike Cahill memorial. The party continued into the wee hours of the morning at TR's in Williston Park, just like old times. God Bless each and every one of you, you're the best of the best, and never forget there is no place like St. Aidan's!

I raise my glass to you, the beautiful, wonderful young men and women of 1978. Your parents are to be congratulated for bringing up such outstanding people. Thanks for all your kindness to me through the years and adding such joy to my life, while doing, "Everything with Love"!

Medal of Honor Mail Call: A Follow Up

In last month's Williston Post we had the opportunity to share with you a story about Operation Mail Call,

which involved sending cards and letters to recipients of the Medal of Honor at their annual banquet.

Students from St. Aidan's, the Meadow Drive School, and St. Martin de Porres Marianist School wrote

letters and cards to the brave veterans who attended the banquet.

We have recently received an email from Ms. Janine Stange, which included an email and photograph from a Medal of Honor recipient, Capt. Florent Groberg.

Capt. Groberg received the Medal of Honor for an act of astonishing courage—he physically tackled a suicide bomber in Afghanistan, saving the lives of most of the men in his formation, and took the brunt of the explosion that followed. He has spent several years of surgery and recovery following the incident, which took place in 2012. He was awarded the Medal of Honor by President Obama in 2015.

The photograph was of the cards and letters he had received. The text of the email speaks for itself: "Another example of why I love my country... this was in my mailbox this week, over 100 letters, cards, and messages from strangers! This is a great reminder of how blessed and lucky I am to be alive and an American. I appreciate everyone and thanks @janinestange for all the support with our #MOH. This motivates me to continue on with my goal of earning it little by little each and everyday."

We hope that everyone involved with the outpouring of letters and cards from the three schools has a chance to read these words, to know what an impact this small gesture made on a true American hero!



The Williston Post

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Another Season Begins: Little League Opening Day in the Willistons

Williston Park Little League Parade

It would be hard to imagine a nicer day for a season opener than April 14th this year.

The traditional season opener included a parade through the streets of the Village. Members of American Legion Post 144 led the line of march into the friendly confines of Kelleher Field.

The ceremonial first pitch was thrown out and it was plain to see that the young players were looking forward to yet another wonderful season, even as parents and grandparents had thoughts of seasons from the past.



**More Pictures
on
Pgs. 18-19**



East Williston Little League Parade

The weather for the East Williston Little League Parade on April 21st was a match for the week before. It was a beautiful spring morning that was just made for baseball. After team photos, the young players and their parents assembled on the outfield grass at Richard Camp Field. Attention was directed to the two championship banners that were hung to honor last year's two Williamsport Tournament teams, and special mention was given to those players who had aged out from further Little League play. In his moving opening remarks, League President Anthony Sparaccino reminded the players and their parents to focus on the games as they were being played and to stay "in the moment" and enjoy it thoroughly. First pitches were then thrown out, and the players followed the Engine and Truck companies of the East Williston Fire Department for a picnic at Northside Field.



One of our favorite subjects here at The Williston Post is Little League baseball, and we cover as much as we can. We hope that all of the players have a delightful season, and that each of them has at least one moment—a timely hit or an amazing play in the field—that will allow a young player to shine and to have a memory to be enjoyed for a long time. (Coaches and parents—if you'd like to forward photos and notes of the games to us, we will be only too happy to publish them.)

Now PLAY BALL!!!

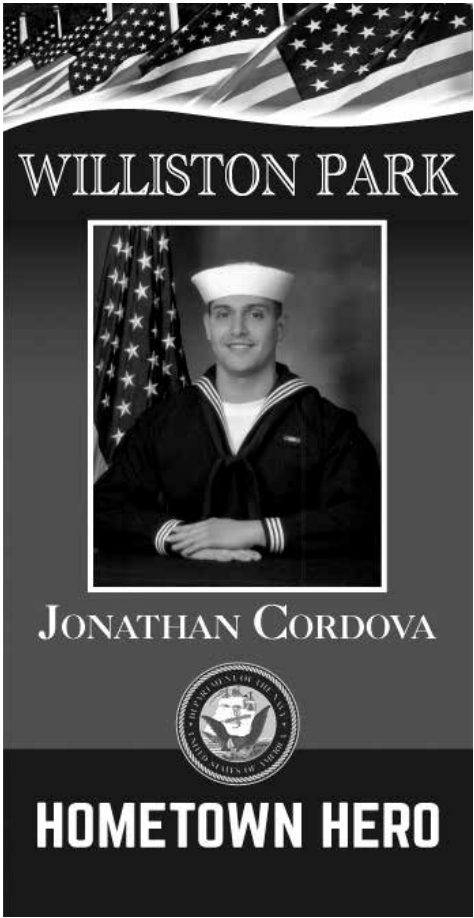
Williston Park Honors Hometown Heroes

By Tina Farrell

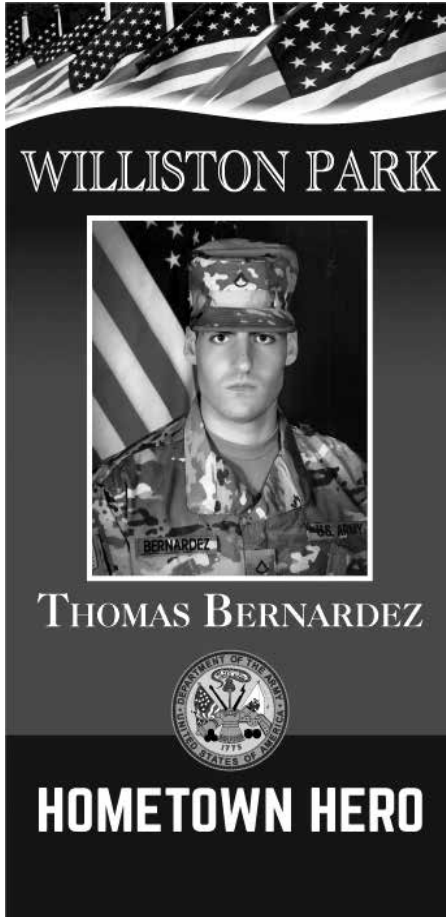
The Williston Park Hometown Hero Banner Program honors our local Servicemen and Servicewomen who are actively serving the United States Armed Forces. Our two recent honorees are Private First Class Thomas Bernardez and Corpsman Jonathan Cordova.

Private First Class Thomas Bernardez upon graduating United States Army Basic Training in September 2017 at Fort Leonard Wood, Missouri, Thomas was assigned to Artillery Training at Fort Sill, Oklahoma as a Field Artillery Fire Finder Radar Operator and is currently assigned to Fort Wainwright, Alaska.

Corpsman Jonathan Cordova upon graduating Boot Camp at Naval Station Great Lakes, Chicago, Illinois in February, 2017, Jonathan attended A School at Joint Base Sam Houston, San Antonio, Texas. He graduated Fort Sam Houston in August, 2017 and is currently stationed at the Naval Hospital in Pensacola



We would like to extend our gratitude to these two Servicemen, along with Williston Park honorees Surface



Warfare Officer Lieutenant Conor Krebs, Sergeant Joseph Santos and E5 Petty Officer Kelly Fay, who serve this

great country. Please keep them and their families in our close thoughts and prayers for their selfless service.

If you would like to honor a Williston Park resident currently serving on active duty, information can be found at Village Hall or on our Village's homepage (www.villageofwillistonpark.org). Applications can be downloaded or picked up at Village Hall. This program is all made possible through generous donations from local residents, businesses and organizations. Donations can be sent directly to Village Hall. Checks can be made out to the Incorporated Village of Williston Park and mailed to the Village Hall address, 494 Willis Avenue, Williston Park, NY 11596.

Thank you for your support of those who bravely serve our country today. And as Memorial Day approaches, let us please remember all who have given the ultimate sacrifice for the freedoms we hold dear. Continue to tell their stories, continue to honor, continue to show gratitude.

May God Bless America!

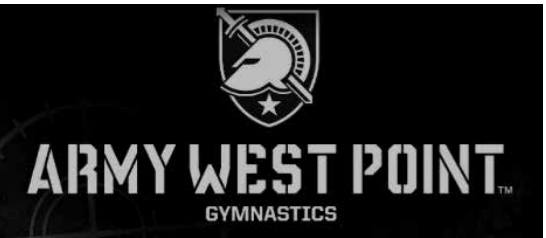
A Grandson Goes to West Point

Zachary Mitchell, son of Rob and Vickie Mitchell of Bellmore, New York, and grandson of Bob and Sally Mitchell of Williston Park, New York, has received an appointment to the Class of 2022 at the United States Military Academy at West Point.

Zak is scheduled to graduate from Wellington C. Mepham High School in June of 2018. At Mepham he was a member of the National Honor Society.

Zachary is also a competitive gymnast at Hot Shots in Plainview, and is a 7-time Junior Elite National Qualifier in the Pommels, Rings, High Bar, Parallel Bars and Vault, among other events. His favorite event is the High Bar and he looks forward to continuing his gymnastic career as a Black Knight at West Point.

The appointed members of the Class of 2022 will report to West Point for the first time on July 2, 2018.



Tunnel To Towers Foundation Addresses Rotary

Mr. Andrew McClure the Director Corporate & Community Development for the Stephen Siller Tunnel to Towers Foundation was a recent guest speaker at the weekly meeting of the Williston Park Rotary Club.

Mr. McClure gave a brief history of how Stephen Siller, a New York City Firefighter assigned to Brooklyn Squad 1, returned to duty after the attacks, even though he had completed his shift that previous evening. When he found himself caught in traffic at the entrance, he ran through the Brooklyn Battery Tunnel to the World Trade Center, with all of his gear, a distance of several miles. He was one of the hundreds of firefighters and other first responders who were killed in the line of duty while rescuing others on that day.

In recognition of his heroic actions that day his family set up a Foundation in his name to honor his memory. The Foundation first held a 5k Run and Walk in New York City to follow the course of Mr. Siller's run. Mr. McClure explained that, from that initial run, the Foundation has grown in the last seventeen years to 60 sponsored Walks and Runs in 30 States. The initial purpose of the Foundation was to raise money to assist injured 9/11 first responders and their families, but its activities have expanded to give assistance to first responders and service members who have been killed or severely injured in the line of duty, at home and abroad.



With the help of corporate sponsors from General Motors and Home Depot the Foundation has been able to help the New York families of first responders who were killed or suffered the loss of multiple limbs in action to pay their mortgages, and to give similar help veterans who received catastrophic injuries while serving and protecting our country. Among those who have received assistance from the foundation are the family of recently deceased FDNY Firefighter Michael Davidson of Long Island. The Foundation is in the process of building a smart home in Melville New York for Veteran Christopher Levy, who lost his legs in Iraq.

In addition, after Super Storm Sandy the Foundation helped to rebuild over 1800 home in Staten Island, New York. This year the foundation is starting a new program "Gold Star Homes" for parents who have suffered the loss of a son or daughter killed in action. The Foundation has allocated over \$40,000,000 to the construction of smart homes and related projects. It is able to provide this level of support due to the great generosity of its sponsors and because it directs 93% of the funds which it raises directly to programs.

The next Tunnel to Towers Run and Walk is scheduled for Sunday September 30th, and members of the Rotary Club are planning to participate. We look forward to reporting on this event in a future edition of The Williston Post. You can learn more about the Foundation at Tunnel2Towers.org

Supervisor Bosworth and Town Board Approve Free Parking For Active Military and Vets at Memorial Day Commemoration

At the most recent Town Board meeting on April 17, Town of North Hempstead Supervisor Judi Bosworth and the Town Board approved free parking for both active members of the Military and Veterans at

the Town's Annual Memorial Day Commemoration event on Saturday, May 26 at North Hempstead Beach Park.

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"Hears" To You: More tired than usual? It may be hearing loss.

By **Carolyn M. Genna, AuD, FAAA**

Do you find yourself low on energy, exhausted after a day of busy interactions, whether at a social or work setting?

Hearing loss may be to blame! Hearing loss and fatigue may seem unrelated, but in reality, they are much more connected than you realize.



Fatigue is defined as “extreme tiredness, typically resulting from mental or physical exertion.”

Mental fatigue results from effortful listening and is often an unfortunate side effect of hearing loss. Let me explain.

Cn ou re d his s t ce eff tl sly?

Could you read that sentence effortlessly? (It reads, “Can you read this sentence effortlessly?”) Imagine that you had to put that effort into filling in the blanks for everything you read. Now, multiply that one sentence by every sentence you hear all day long.

As you worked to fill in those blanks, you would gain an understanding of the listening demands placed on someone with a hearing loss to do the same in filling in the blanks during verbal conversation!

Cognitive load may be causing your fatigue

This effort to process and make sense of the auditory bits and pieces you hear is an example of “cognitive load.”

With cognitive load, the brain is preoccupied with filling in the blanks, leaving little energy to store and process what has been heard into working memory. The additional effort your brain spends making sense of speech, particularly when background noise is present, puts additional stress and anxiety on the listener.

Stress or anxiety often result in a rush of adrenaline and muscle tension which can add to that sensation of being “drained” or physically tired at the end of the day.

These implications are important for anyone with a hearing loss, but particularly for those with hearing loss — in their personal lives or the workforce. It makes sense that if you don’t have to spend so much effort filling in those auditory blanks, there would be more cognitive energy left to listen and understand more effortlessly!

You can reduce cognitive load

It’s a busy, noisy world, and fatigue associated to listening effort can be an unfortunate side effect. Yet hearing loss doesn’t have to get in the way.

Here are some ways to limit the impact of hearing loss and the associated mental fatigue that may accompany it.

1. Give yourself a break — When you find yourself straining from listening in a social or work environment, take a short break to relax and let your mind rest from the rigors of listening. Stepping away, tuning out with noise cancelling headphones to reduce overstimulation, and even a short nap are all methods to de-stress and invigorate alertness.

Turn your ears off and take a break from the audio action whenever possible.

2. Meditate — Meditation and locating that calm inside can quiet the stress of effortful listening associated with hearing loss.

Meditation is becoming a popular tool for mental and physical wellness. It’s free, can be practiced anywhere, and even a short 5-minute meditation has demonstrated benefit.

3. Record and transcribe — For those with hearing loss, listening-intensive endeavors like meetings and course work can cause stress from the fear of missing important details.

There are technologies designed to record or stream such interactions, including many smartphone apps. These apps can stream directly to hearing aids, or transcribe dictation via voice recognition technology such as technology found at www.speechtexter.com.

4. Work smarter, not harder — Speaking of hearing aids, they’re a terrific solution.

Work with an audiologist to take advantage of their expertise and find the best hearing aid or assistive technology for your needs and lifestyle. Struggling through the workday and leaving yourself no energy to enjoy life is working harder not smarter.

Hearing aid and assistive technology is available to greatly enhance your life and reduce the strain that listening and concentrating brings to the hearing impaired. Much of today’s hearing aid technology uses digital processing designed to recognize and suppress noise in the environment which can lead to less effortful listening.



You’re already working harder than your normal hearing colleagues and friends to pay attention and be the best listener you can be. So give yourself a break! Make it easier on yourself by investing in a solution to reduce listening effort and you will be richly rewarded. Whether it’s hearing aids, assistive listening technology or strategies to take a break and de-stress, the benefits can greatly enhance your life experience

Dr. Genna maintains her audiology practice at 99 Hillside Avenue, in Williston Park. For an appointment you can call her office at 516-873-9742.

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12 Angry Men at the Community Church

By James Daw

For three weekends in April, the auditorium of the Community Church of East Williston was transformed into a Criminal Trial Part on a hot summer afternoon in 1950’s Manhattan as the Billboard Players staged a powerful classic of the American theatre—12 Angry Men, by Reginald Rose.

The play involves the conclusion of the trial of an horrific murder—a son accused of stabbing his father to death. The Judge, after instructing the jurors, informs them that if they convict the defendant he will be sentenced to death. As the jurors leave the jury box in the opening moments of the play the evidence against the defendant (who is never seen) appears to be overwhelming. The jurors (who are identified in the script only by number) assemble in a sweltering room around a long table and, at first blush, all anticipate a quick decision and a return to their daily routines.

It is only when the foreman takes what he expects will be the first and last vote that it becomes apparent that all will not be open and shut, as Juror No. 8 votes “not guilty.” He is immediately confronted by two jurors who will be his antagonists throughout the play—Juror No. 4 who is the voice of dispassionate reason, and Juror No. 3 who is the voice of revenge.

Juror No. 3, and several of the other Jurors, berate No. 8, and try to get him to go along. He refuses to budge saying, simply, that he is not sure. As the play progresses it becomes more and more apparent that his doubt is reasonable.

With each vote it becomes obvious that the defendant was represented by an indifferent and incompetent lawyer, and that the prosecution had based the case on witness testimony that was physically impossible. And, with each vote, more jurors join with No. 8—adopting his reasoning and exposing flaws in the case on their own.

At the same time, the motives of several other jurors are exposed. One juror, No. 10, is simply a bigot, another



is indifferent to the justice of the case and wants to get out to go to a ballgame. Juror No. 3, it turns out, is estranged from his own son, and is taking out his anger and grief through his desire to convict and “fry” the young defendant. When this motive is finally exposed and realized by him, he breaks down in an emotional explosion and votes not guilty. As the jurors leave the room the devastated Juror No. 3 is comforted, and helped on with his suit jacket, by No. 8.

The staging for the play was perfect for setting the mood. Aside from the table and chairs, and a chart, the only other prop is a very ugly switchblade knife which is driven into the tabletop and remains there for most of the play.

Louis V. Fucilo, the Director (who also played the Judge), did a wonderful job presenting this powerful work. John Carrozza (Juror No. 8), Michael Wolf (Juror No. 10), and Raymond A. Taliercio (Juror No. 3) provided memorable performances, but they were not alone. Every juror had at least one powerful moment and each rose to the occasion. The role of the bailiff was filled by Nathan Bischoff, an alumnus of the Mineola High School Drama Department.

12 Angry Men was a wonderful evening of theatre—community theatre at its best.

The Billboard Players will be back at the Community Church in the fall with another play by Reginald Rose—Dear Friends. I am certainly looking forward to seeing it.



Ballroom Dancing at Our Space

Recently Silver Screen Style Ballroom Dancers Lou Brockman and Lynne Gambone entertained the members of “Our Space” with their dancing skills. They provided their appreciative audience with an opportunity to reminisce on days gone by, the big band era and dancing cheek to cheek.

The Herricks Alzheimer’s Day Program “Our Space” is a social model of Adult Day Care for Nassau County residents over the age of 60 with a diagnosis of early to moderate onset of dementia living at home. The program meets Monday, Wednesday and Thursday from 10am to 3pm at the Herricks Community Center, 999 Herricks Road, New Hyde Park.

Please call the Program Director Patricia Foley, M.S. Ed. or Assistant Director Annamaria Testa, RN, BS at



516-742-0851 for additional information. Monetary donations can be made out to HCF, ALZ. Day Program. All contributions help support activities like this and others at the Program and would be greatly appreciated.





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Thank You, Terry Thomann

In last month’s edition of The Williston Post, we reported on the swearing in of the Mayor and Board of Trustees of the Village of Williston Park. A report on a new Board is not complete without a mention of Trustees who have chosen to step down, after a term of hard work on behalf of their hometown.

Terry Thomann, who is a 40 year resident of Williston Park, served on the Board of Trustees twice, from 1993 until 1998, and again from 2010 until 2018. During her time on the Board she was involved with several important infrastruc-

ture projects, including the renovation of the Roger Fay Swimming Pool, road paving, and the renovation of the Williston Park Firehouse. Evidence of her hard work can be seen throughout the Village, and stands as an eloquent testimonial to her great career as a devoted public servant. Accordingly, we at The Williston Post join the residents of Williston Park in saying a sincere “thank you” to Terry Thomann for her many years of service as a Village Trustee.

Dogvinci Comes to the East Williston Library

Those of us who have been fortunate enough to have a Labrador in our lives know that these dogs are capable of almost anything, but even by that standard a Labrador named Dagger Dogvinci is exceptional. Dogvinci provided a delightful exhibition at the East Williston Library on April 14th.

Dogvinci’s owner, Yvonne Dagger, described how Dogvinci became a famous canine artist and how his artwork is now sold to benefit shelter programs for rescue dogs. The children enjoyed watching him demonstrate his painting style, and painting their own Dogvincis, and of course they thoroughly enjoyed cuddling with this wonderful artist. A good time was truly had by all!

You can learn more about Dogvinci, and his great work, by visiting his website at <http://dogvinci.com>, or by visiting him on Facebook.



East Williston Senior News



The East Williston Seniors were entertained by Magic Beyond Imagination at their April meeting. Robert McEntee performed many card tricks, illusions, and some mental fun with the group. An enjoyable afternoon was had by all.

At our May 17th meeting, the Little Art Studio of East Williston will provide materials and instructions to create works of art. As always we are looking forward to seeing old friends and, if you haven’t come to a Seniors meeting yet, to meeting new ones. Come join us on the 17th at the Village Hall meeting room.



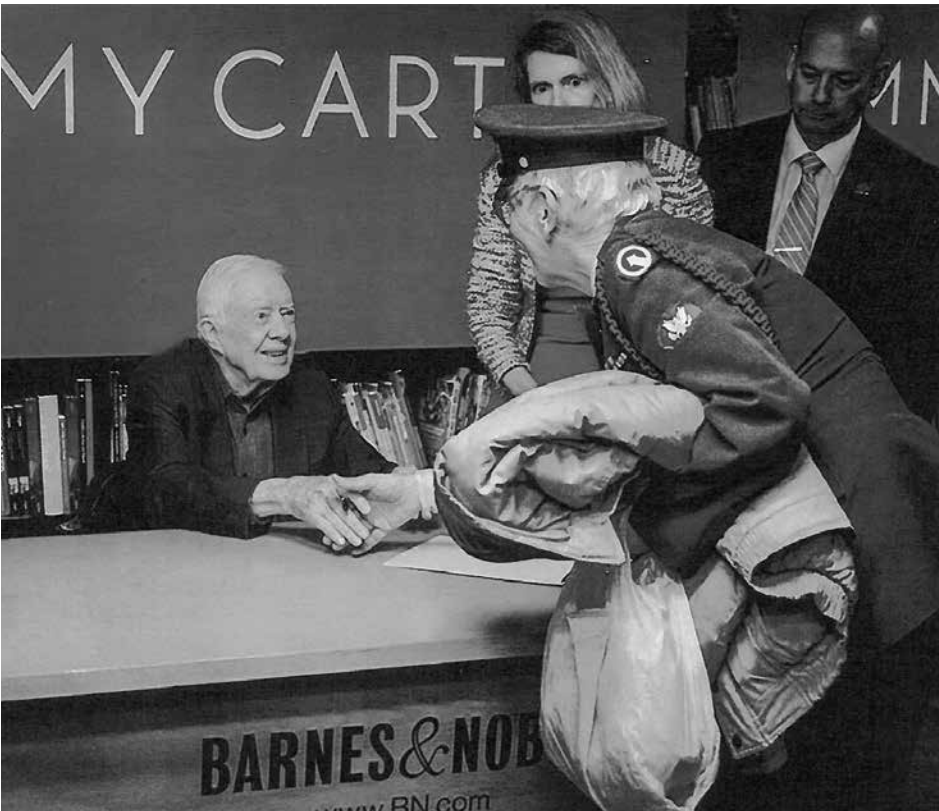
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Williston Park Resident John Fackre Meets Former President Jimmy Carter

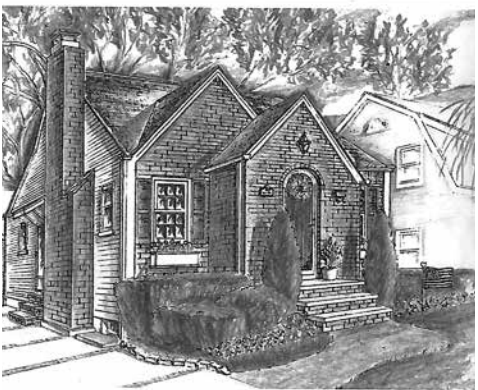
Recently, on his 73rd birthday, Williston Park resident John Fackre, a Vietnam Veteran who served with the United States Army, had the opportunity to meet former President Jimmy Carter at a book signing for his new book "Faith" at the Barnes & Noble bookstore on 5th Avenue and 46th Street.

John served this country admirably as a Data Processing Account Analyst in the Adjutant General Corps at Cam



Ranh Bay Vietnam from 1966 through 1967. John is an accomplished artist, and he also served as an Illustrator in the 516th Personnel Service Company under the U.S. Army's 1st Logistics Command.

John's illustrations can be seen in many of the shops in Williston Park. We at The Williston Post congratulate him for his service, and for a memorable observance of his 73rd birthday.



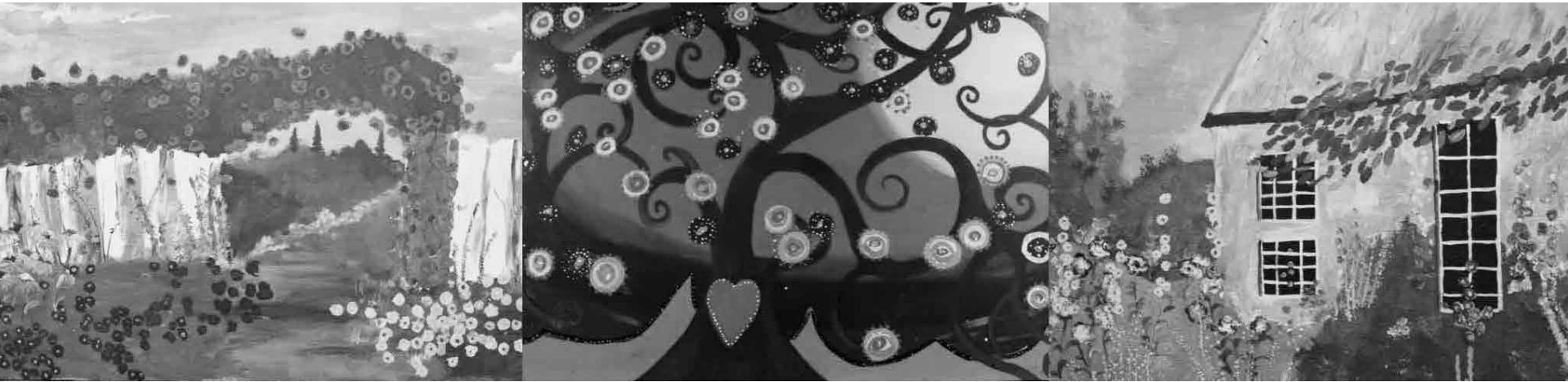
Hampton Street Students Create Murals

During their art classes with Ms. Jaclyn Altman, kindergarten through second-graders at Hampton Street School in the Mineola Union Free School District spent a week working with visiting artist John DiNaro on a special project.

With Mr. DiNaro's guidance, each student helped paint four murals to beautify the school grounds. The murals were intended to incorporate the Impressionistic style of Monet, as well as other artists whose work the students had studied throughout the year.

As you can see from the accompanying photo, the students created things of great beauty. They and their teachers are to be congratulated.

Photo courtesy of Mineola Union Free School District



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Herricks Battle of the Classes

Every year Herricks High School has its “Battle OfThe Classes”.

Each grade participates in various contests throughout the school year, gaining points with each success. The competition begins in September with such Homecoming activities as class banner competition, class plaque competition, and Homecoming events and competitions before the game.

The students continue their friendly rivalry as all students anxiously look forward to “Battle Week” in the Spring.

For Battle Week each grade selects a theme and works together decorating a hallway to illustrate their chosen theme. The hallways present an amazing sight when the decoration is done and on the final day of “battle” after the hallways are judged and the decorations taken down, the students compete in a wide variety of events and activities such as foot races, dances, basketball, volleyball, three legged race, wheelbarrow race, etc.)

The Gym is filled with color and excitement as the students and faculty enjoy the festivities.

The Seniors of the Class of 2018 won their final “Battle,” making wonderful memories that they will be able to cherish forever. They took many photos, as well as their final Class Bat-



le group portrait.

Clearly, the annual “Battle OfThe Classes” event truly shows the spirit and unity of each yearly class at Herricks!



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Chaminade's Tarmac Takes Top Honors Fourth Consecutive Year

For the fourth consecutive year, the New York Press Association (NYPA) has honored the Tarmac, the student-produced newspaper of Chaminade High School, as the Best High School Newspaper in New York State.

The award was announced as part of the NYPA Better Newspaper Contest at the organization's annual Spring Conference and Trade Show in Albany Saturday. Tarmac's honors also reflected its staff's awareness of the growing importance of digital media in the sharing of news and information.

"This award definitely means a great deal for our paper," said co-Editor-in-Chief Colin Capece, of Smithtown. "There are so many other fantastic high school newspapers in New York, and it's certainly gratifying and humbling to know that the NYPA chose Tarmac as the best. I believe the award is a testament to the efforts of this year's staff, which worked so hard in and day out to make this paper a success."

Contest entries are judged by third-party press groups from different U.S. states each year. This represents the third different press association to have independently judged Tarmac to be the superior high-school newspaper in New York State. Tarmac's submissions to the Better Newspaper Con-



test were considered among approximately 4,000 entries from student and professional news organizations.

"It's great to see all of the staff's combined efforts recognized on the statewide level again this year, but I think it's important to keep what we've accomplished in the right perspective," noted co-Editor-in-Chief Nicholas Plante, of West Hempstead. "We're not just trying to make the 'best' newspaper; we are looking for the most accurate and enjoyable ways to communicate stories that the Chaminade community needs to hear."


In addition to being named the top

high-school newspaper, Tarmac was also awarded first-place honors for Best Website and Best Use of Social Media. Individual first-place recognition went to Owen Barthel, of Rockville Centre, for Feature Story. Plante earned a second-place award for News Story, and Christopher Mercadante, of Garden City, received honorable mention in the Sports Story category.

"Our student journalists are both humbled and honored to receive this award for the fourth year in a row," said Mr. Patrick Reichart, Tarmac moderator and former print and radio journalist. "I am particularly proud of the

senior members of our newspaper staff who have earned this honor in each year of their high-school careers. Being invited to this convention allowed our students to interact with countless professional journalists over the course of the weekend, and I am grateful to the New York Press Association for extending this invaluable opportunity to them.”

We at The Williston Post are happy to congratulate these fine young journalists on this extremely difficult achievement.



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Kid's Contest

It's A Math Question:

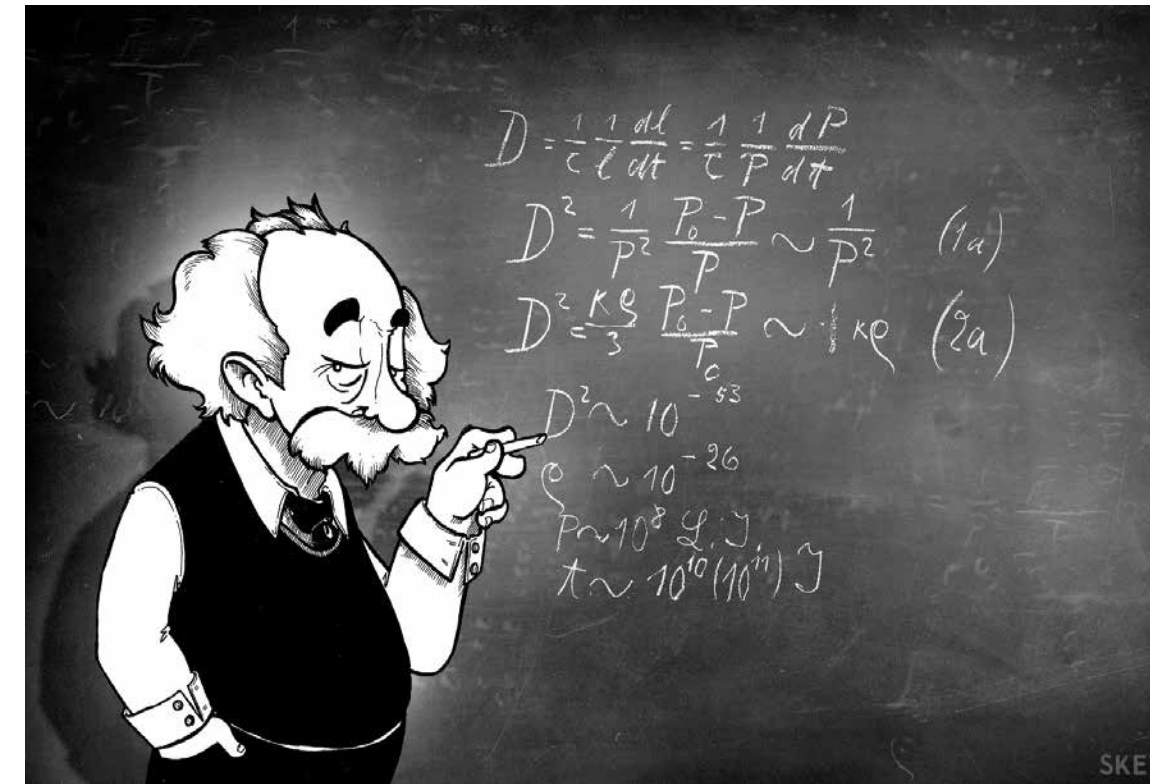
Using only one number, either 1, 2, 3, 4, 5, 6, 7, 8, 9, and using it five times, come up with a series of numbers that, together, can be made to add up to 1,000. The numbers that make up the answer can be single digit or multi-digit, but you must use the same number, and only that number, for each digit for each number of the answer.

For Example: ($? + ? + ? + ? + ? = 1000$)

The first reader 8th grade or under to email the correct answer to Contests@thewillistonpost.com will win a \$25.00 gift certificate to Hildebrand's ice cream parlor on Hillside Avenue.

Remember to include your street address as well as your email address so that we can send you your prize, or you can stop by the office of The Williston Post to collect it. Either way we hope that you and your parents would be willing to have your photo taken for The Williston Post, because we certainly would like to share a photo of such a smart winner.



Thank you and good luck! - The Williston Post



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Honoring Earth Day at Hampton Street School



Photos courtesy of Mineola Union Free School District



Students throughout Hampton Street School in the Mineola Union Free School District honored Earth Day on April 23 with a variety of Earth-friendly activities. Throughout the entire building, students were engaged in activities such as creating a compost pile, building an insect house, weeding and cleaning up the gardens, planting, creating bird sanctuaries and learning about animals with Jungle Bob. Students enjoyed engaging in many outdoor events.

Summer Programs at the East Williston Library

It's going to be a busy and interesting summer at the East Williston Library. The kickoff theme for the Summer Reading Program will be "Libraries Rock!" and that will clearly be the case:

- There will be a Registration Party and signup for the Summer Reading Program on June 16th, from 10 a.m. to 1 p.m.
- Story and Crafts will be offered Tuesdays and Thursdays, from June 26th through August 2nd, from 10:30 until 11:30. No need to register, come when you can.
- Summer Reading Events will be offered throughout the Summer.
- On Tuesday, July 17th, a Portable Planetarium, showing the majesty of the stars in an inflatable dome will be on hand from 2:00 -3:45. Young patrons will enjoy the experience of "Living in Space" to discover what life is like in space.
- On Wednesday July 25th, from 3:00 -4:00, "The Circus Guy" will provide a fun filled afternoon of comedy, magic, and a juggling show.
- On Thursday August 2nd at 7:00 (rain date August 9th) "The Wizard of Oz" will be performed on the Village Green.
- The Summer Reading Program will conclude on August 7th with a pool party for all those who successfully completed the program.

There's always something to do at the East Williston Library, and plenty of summer fun. Bring your children as often as you can, it will be a delightful experience for them, and for you.

Tzu Chi Youth Group Bi-Weekly Gathering With Flower Arrangement and Environmental Protection Topics

By **Edith Chen & Pauline Chun**

Education is important because it not only opens doors to a the pathway of a bright future, but it also insures one a happier life. At Buddhist Tzu Chi Foundation, we believe that good morals, manners, and ethics are essential for developing service-oriented youth. Tzu Chi Youth Association (TCYA), know as Tzu Shao, a subsidiary of Buddhist Tzu Chi Foundation, has been established to provide a body of students from 7th to 12th grade to learn these values hands-on and help serve the community through Tzu Chi's four missions: Charity, Medicine, Education and Humanistic Culture.

From learning, we believe they can make decisions with confidence. Empowered through community services, members build teamwork and learn to respect one another. They also nurture compassion through acts of kindness, find deeper satisfaction, and achieve contentment by working with the poor and less-fortunate.

Our Tzu Shao holds regular meetings the first and third Friday of every month. They discuss various topics relating to activities hold by Tzu Chi Foundation during the meetings while also incorporating life lessons to enrich their gatherings. We currently have about sixty members. On Friday, April 20th, one of our meeting topics was flower arrangement. Tzu Chi Foundation has created a unique way in flower arrangement that makes a connection of our mind and heart with Buddha teachings.

Since Mother's Day is approaching, this flower arrangement class was specially designed to bring up the topic of parental love and family support. Each flower used in the arrangement represents family members and teachers. Each Tzu Chao participant is encouraged to ponder the position of every



floral branch and its relationship with the others, like each member in a family. They learned how to keep a certain distance away from one another with respect, and appreciate each other from a distance, yet at the same time they are close to support each other as a family. As the class finished, they had not only completed a piece of floral arrangement work, they were inspired with an insight about parental love and family support that they have taken for granted for so long.

The other topic of that night was to support the school wide E-Waste collection program of Tzu Chi Academy. Tzu Shao members helped prepare props, rehearsed a skit that they would perform for all the students in Tzu Chi Academy on Sunday April 22. The skit helped to promote 3R - Reducing, Reusing and Recycling by collecting the E-Waste from the students of the of the school.

If you are interested in joining Tzu Chi Youth Group, please contact our office at 516-873-6888 or email: tcli-usa@gmail.com



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A Blue and Gold Afternoon: Pack 8 Celebrates a Great Year

The Blue and Gold Dinner is a tradition of Cub Scouting that has been a highpoint in the Pack year for over 80 years. The Dinner provides an opportunity for Cub Scouts and their parents to meet together for a good meal, some amusing skits, advancement awards, and a farewell to Cub Scouts for those boys who will move up to Boy Scouting. East Williston's Pack 8 kept up the tradition with their Blue and Gold Dinner on April 22, 2018.

The evening began with the Pledge of Allegiance and a recitation of the Scout Oath and Law, delivered by the Cub Scouts (with some guidance from the leaders). County Executive Laura Curran was a guest of the Pack, and in her opening remarks she pointed out the importance of Cub Scouting in the life of a community, and expressed her delight at the very large and enthusiastic Pack 8 family.

The dinner itself was a buffet, provided by the Café Continental, courtesy of the Mariotti Family. There were skits from the boys, and a wonderful science program provided by "Mad Scientist Zak" of Mad Science.com.



The highlight and purpose of the evening though was the Awards Ceremony, which recognized the hard work of all of the boys, and their leaders. The Bridging Ceremony marked the transition of Jacob Ferraro, Logan Knapp, Ryan Silva and Francis Tortorello into Boy Scouting.

The Williston Post congratulates all of the boys who make Pack 8 such a vibrant part of our community. We have enjoyed following their activities throughout the year. Special thanks are in order to the leaders, Cubmaster and Wolf Leader John Gennawey; Tiger Den Leaders Anthony Gallo, Elisha Johnson, and Stan Jouk; Wolf Leaders Phil Basner, James Lark, and Jed Liebman; Bear Leaders Jane Finguerri, Lucia Harwell, and Neelam Patel; Webelos Leaders Andrea Golub, Diane Hirsch, and Marisa Reichman, and the Den Chiefs from Troops 200 and 201 Aidan Levin, Jake Chesna, and Thomas Daley, who provided so much assistance to the den leaders and inspiration to the Cubs of Pack 8 to advance in Scouting. We look forward to reporting on the activities of Pack 8 for years to come.

The Insurance Corner

By **Raymond Haller**

Here is a way for a homeowner to save thousands of dollars at minimal cost.

Most of the sewer lines which lead from your cellar to the main sewer line in the street are made out of 6 inch, non-reinforced concrete pipe, also known as cement pipe. In a typical Long Island house, these pipes were frequently made in the late 40s and early 50s and had an expected lifespan of approximately 40 years. The pipes also contain asbestos fibers helped to hold the concrete together. In many cases these pipes have reached the end of their useful life, and are now starting to deteriorate and collapse.

While cast iron pipe has been a common replacement for the concrete pipes, the more modern practice is to

use a 6 inch green PVC pipe, commonly called a Charlotte pipe. This synthetic plastic polymer pipe is highly resistant to all chemicals and virtually will last a lifetime.

Here is where the potential for savings presents itself. If your sewer line collapses, the cost to replace it can cost \$15,000, on average. Recently, many insurance companies came out with an underground sewer line endorsement which will cover the cost of installing a new sewer line. The premium is minimal, running from \$25 to \$50. However, some companies have a \$10,000 limit, some a \$15,000 limit and others a \$20,000 limit of coverage. This particular endorsement is underwritten by the Hartford Steam Boiler Insurance Company and may be available to be attached to your homeowner's policy. In light of the age of the houses in



our area, sewer pipe insurance would definitely be a prudent purchase to add to your current policy if you don't already have it.

It's a simple matter to call your insurance broker to determine if you already have the underground sewer

pipe replacement endorsement and add it to your policy. As is so frequently the case, a few minutes of investigation and the timely expenditure of a relatively few dollars can prevent future headaches and aggravation, and save you from substantial expense.

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Wishing You a Happy Mothers Day

By **Raymond Haller**

Here is a tribute to all mothers, living and deceased.
My classmates in the fifth grade at St. Aidan's and I were taught this song by Mrs. Yolanda Cardone. It has been embedded in my heart ever since and, thankfully, my mom looks forward to a telephone call hearing me sing it every Mother's Day even more than a Mother's Day card, a box of candy, or flowers.
It's "The Mother Song", written by Howard Johnson.
It is a short song that Dads can teach their children so they can sing it to mom on Mother's Day.
Maybe with a box of chocolates and flowers it's guaranteed to be a home run. Regardless of your age, your Mom will squeeze the stuffings out of you.
To all mothers everywhere, A Happy and Blessed Mother's Day and may you enjoy your special day.
Please remember the greatest Mother of all, since May is the month of Our Blessed Mother.

M-O-T-H-E-R

“**M**” is for the million things she gave me,
“**O**” means only that she’s growing old,
“**T**” is for the tears she shed to save me,
“**H**” is for her heart of purest gold;
“**E**” is for her eyes, with love–light shining,
“**R**” means right, and right she’ll always be,
Put them all together, they spell “MOTHER,”
A word that means the world to me.

The Williston Park Beautification Committee: Busy At Work



Williston Park Observes Earth Day

On Saturday April 21st, Williston Park's Beautification Committee sponsored this Year's Earth Day, with the theme "Little Make a Difference Day". Under the direction of Chairwoman Doreen Ehrbar, volunteers were assigned to groups which were then assigned to public areas throughout the village to help clean up and beautify those areas. Each volunteer was given a T-Shirt, gloves and garbage bags to facilitate their work.
Members of the Girl Scouts set up a table to inform every how trash and floatables if not removed from our streets and public areas get into our ponds, lakes and beaches.
The staff of The Williston Post thank all the volunteers for keeping our Village beautiful.

Volunteers Needed For Williston Park Beautification

Spring is finally here and some members of the Beautification Committee and Trustee Bill O'Brien have started to "Make a Difference". The Committee assists the Village staff by meeting at least twice a month to plant and weed where needed.
If you'd like to help the Committee with this ongoing project, please call Doreen Ehrbar. If you'd prefer to assist by making a donation, please refer to the Village Green for details.

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Great Schools For Young Musicians: Mineola and Herricks Cited for Music Education

Young musicians from Williston Park have excellent resources available for them to pursue an interest in music while attending the schools. Both the Mineola Union Free School District and the Herricks Public Schools have been awarded the prestigious “Best Communities for Music Education” designation by the NAMM Foundation.

Founded in 2006, The NAMM Foundation represents the generosity and philanthropy of the music products industry. A supporting organization of NAMM, the National Association of Music Merchants, the NAMM Foundation is funded through trade association activities and donations. Its mission is to advance active participation in music making across the lifespan by supporting scientific research, philanthropic giving and public service programs.

The Best Communities for Music Education Award and the Every Student Succeeds Act bring attention to the importance of keeping music education part of the school’s core education for all students. It also highlights music’s vital role in students’ overall success in school. According to the NAMM Foundation, research has revealed links between learning to play music and the development of academic and social skills. Musical involvement has been shown to improve reading, math processing and cooperation in groups.

**Mineola Celebrates A Decade As A
“Best Community For Music Education”**

For the 10th consecutive year, Mineola Union Free School District has been honored with the Best Communities for Music Education designation from the NAMM Foundation for its outstanding commitment to music education. The Best Communities Music Education designation is awarded to districts that serve



as a model for other districts and demonstrate outstanding achievement in efforts to provide music access and education to all students.

“I’m proud for our department for being recognized for offering students a top-notch musical experience; one that fosters excellence, exploration, discovery, growth, community, and most of all, a love of music,” said District Director for Music and Fine Art Joseph Owens. “Our teachers, administrators and community work together so well to provide our students with a rich music education.”

To qualify for the Best Communities designation Mr. Owens answered detailed questions about funding, graduation requirements, music class participation, instruction time, facilities, support for the music program and community music-making programs. Responses were verified with school officials and reviewed by the Music Research Institute at the University of Kansas.

Herricks Maintains Best Community For Music Title

The Herricks Public Schools have again been honored with the NAMM Foundation’s Best Communities for Music Education. Districts named as “Best Communities” are selected based on their outstanding dedication to music education and ability to demonstrate achievement in efforts to provide music access to all students.



The Herricks Public Schools provide a comprehensive music and performing arts program with totals of nine bands, nine orchestras and 12 choirs. Almost 80 percent of the district’s eligible student population is involved in musical performance. At the high school level, the musical experience is broadened through classes in theory, composition, music history and theatre. Students also pursue their talents through extra curricular musicals and dramas, jazz bands, chamber orchestras, wind ensembles and show choir.

Herricks students earn acceptance to prestigious, competitive performance ensembles on an annual basis and many continue to fine-tune their skills through participation in summer courses. The high school’s Tri-M Chapter has received several Chapter of the Year honors from the National Association for Music Education.

Photo courtesy of Herricks Public Schools

The East Williston Beautification Committee "We Ain't Just Weeds"

The East Williston Beautification Committee has plans for an active summer but, to achieve them, the Committee needs volunteers.

Station Plaza Cleanup

The members of the Committee will be meeting in front of the Village Hall on Saturday, May 19th, at 10 a.m. to work on the Village Hall and Train Station planters. Bring your own tools if you have them—if you don’t tools and gloves will be provided.

Adopt A Spot

If there’s a bit of Village property that you think could use some sprucing up now you (and a few friends perhaps) can do something about it. Select your spot



and “adopt” it. Bring plantings and mulch, or just tools for weeding and pruning, and enjoy showing your neighbors that you are “proud of the place in which you live.” You don’t need to work in anonymity—if you adopt a spot you and your co-workers will be recognized with a plaque which will be placed in your selected location.

"Most Beautiful Garden" Award

Email a picture of your front yard to the Committee at ewbc@gmail.com. Include your name and street address. If your front yard is the one selected by the Committee a plaque will be displayed on your front yard from June 30 through November 30.

It’s All About Giving Back....

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Wheatley Students Excel

Wheatley Cybercats have a Breakout Week!

April 9th was the start of what proved to be a breakout week for Wheatley’s Robotics Team, the Cybercats. The week consisted of two different competitions—both held at Hofstra University and both part of the FIRST Robotics series.

The FIRST Robotics competition is the nation’s premier competition for high school robotics teams. For the ninth consecutive year, Wheatley has fielded a team in the regional competition for this event. Schools from across Long Island and the tri-state area compete in this event.

It was an outstanding week, with the Cybercats performing exceptionally well at both competitions. Of course, the team had high expectations coming off their Half Hallow Hills robotics finals appearance this past year. It has been an extraordinarily successful season, as the Cybercats gained the mentorship and partnership of Orics Industries, owned by Ori Cohen a mechanical engineering and volunteer mentor.



The Cybercats, led by seniors Elan Mizhiritski and Abhishek Kumer, helped direct the design, fabrication and coding of this year’s impressive robot. With the help of volunteer mentor, Jonathan Goodman (Class of 2016) and Omri Cohen (Class of 2011), Wheatley earned its first major tournament award, taking home the General Motors Industrial Design Award. This award is given to a team that Celebrates form and function in an efficiently designed machine that effectively addresses the game challenge.

The guidelines are as follows: The design is elegant and efficient (simple/executable) and practical. The entire machine reflects a system design approach, i.e., the overall machine design addresses the many functional systems that must operate together. Designing the machine contributes to the team’s success in FIRST – not just in performance on the field of competition. Reliability and maintainability are considered in design. For example, it is capable of withstanding the rigors of the contest and servicing is easy. The entire machine design, or the detailed process used to develop the design, is worthy of this recognition, and not just a single component.

In addition to such a prestigious recognition, The Wheatley Cybercats earned their first regional semi-finals appearance, just missing the Worlds Games qualifications by 1 match. This has been an incredible season for the team, as we continue to grow and promote STEM in the community.

Thank you to the Cybercats advisor, Patrick Hurley, for his incredible energies and support throughout the season. Thanks as well to Joe Fina, who helped with many aspects of the design!

Wheatley Students Succeed at Long Island Mathematics Fair!

On April 20th 17 Wheatley students headed to Hofstra University to compete in the annual Mathematics Fair. Students competing included:



Grade 9; Manav Bansal, Anya Chabria, Sarah Hassan, Viraj Jayam, and Eric Ness.

Grade 10; Madison Ramos, Diya Shah, Rebecca Sparacio, Trenton Wong, Emily Yagoda, and Sharon Zhong.

Grade 11; Manan Shukla, and Vedant Singh.

Grade 12; Sufia Ainechi, Michaela Balboni, Abhishek Kumar, and Justin Vega.

At the end of the competition, 9 Wheatley students earned Gold Medals, 3 Wheatley students earned Silver Medals and 5 Wheatley students earned Bronze Medals. Congratulations to the following medal winners:

Gold Medal Winners; Sufia Ainechi, Manav Bansal, Sarah Hassan, Viraj Jayam, Manan Shukla, and Sharon Zhong.

Silver Medal Winners; Michaela Balboni, Anya Chabria, Madison Ramos, and Justin Vega.

Bronze Medal Winners; Abhishek Kumar, Eric Ness, Diya Shah, Vedant Singh, and Rebecca Sparacio.

Wheatley Captures 2018 National History Bowl Championship!

On April 28th, the Wheatley Brainstormers captured the 2018 National History Bowl JV Championship (Small Schools)! Advised by Joseph Crotty, the team consists of Rahul Ajmera, Patrick Brady, Peter Cuomo, and Frederick Lin

The Brainstormers arrived in DC for the competition on April 27th, and wrapped up the competition the next day. In addition to the team victory, freshman Freddy Lin earned recognition as a US History Bee National Semifinalist!

Congratulations to the team! Thanks to Mr. Crotty for leading the team on this wonderful journey!



Articles and Photos Courtesy of The Wheatley Way

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Caring for Our Pets

Heartworm Disease in Dogs

By **Victor LaGinestra, D.V.M.**

Many dog owners are giving heartworm pills or heartworm topicals to their dogs to prevent heartworm disease this summer. For those of you who are unclear about the nature of this disease and its prevention, I will give you a quick explanation.



Heartworms are long, thin worms that live in the heart and lungs of dogs. They are similar in size to a very thin piece of spaghetti.

Let's assume a dog in your neighborhood has heartworms. The female worms in the dog's heart release microscopic worm larvae called microfilariae. These microfilariae in the blood are sucked up by a mosquito when it bites the infected dog.

The same mosquito then bites another dog and the microfilariae are injected into the healthy dog.

There are multiple stages of the disease but ultimately, in about 6-7 months after the infected mosquito bite, there will be new adults releasing more microfilariae in the previously healthy dog.

When you give the heartworm preventative monthly, you are killing the larvae in the early stages and therefore the dog will never end up with adult worms in its heart and lungs.

Adult heartworms can live for years and cause inflammation of the blood vessels of the lungs, which ultimately causes reduced blood flow and the clinical signs associated with chronic cardiopulmonary disease.

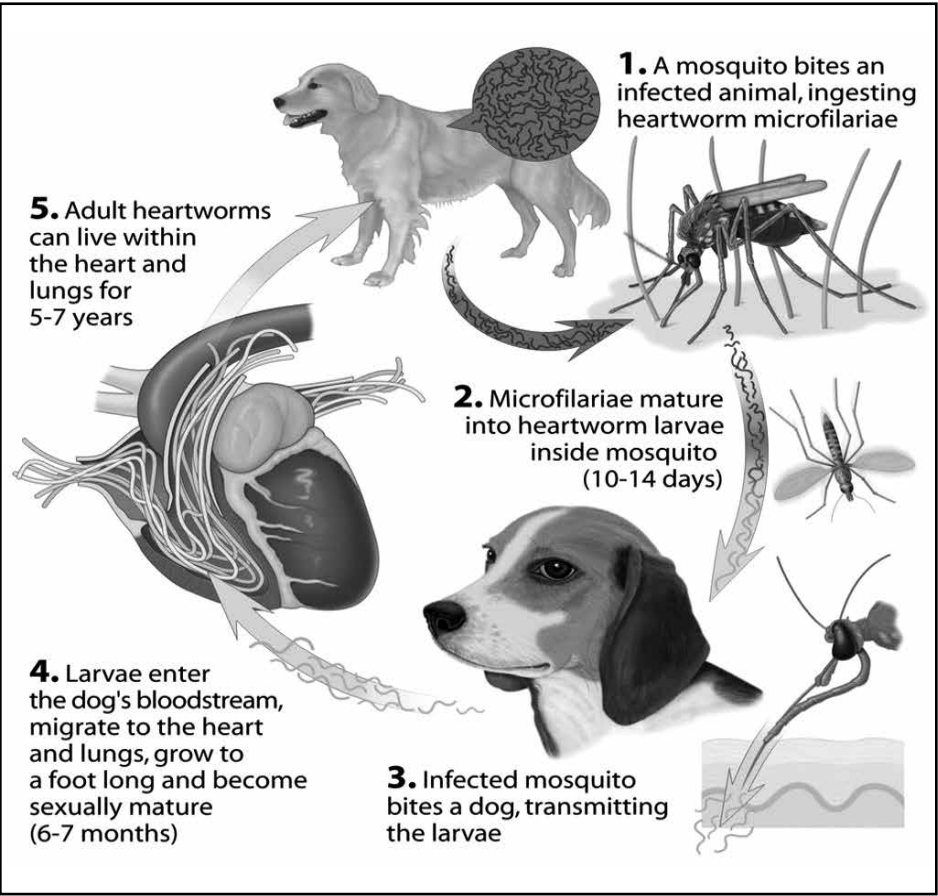
The main clinical signs are coughing, exercise intolerance, and weight loss.

You can treat heartworm disease but it is expensive, dangerous, and you do not reduce many of the pathological changes that have occurred in the heart and lungs.

Many heartworm preventives such as Heartguard, Sentinel, Revolution, Tri-fexis, and Advantage Multi also help prevent intestinal worms and fleas.

Some canine intestinal worms are transmissible to people and fleas can carry diseases.

Given the serious nature of heartworm disease, and the relative ease of preventing it, it is worthwhile not only for your dog but also for your family to administer a heartworm preventative monthly.



Dr. La Ginestra is an East Williston resident and owns and practices Veterinary Medicine at the Animal Hospital of Roslyn, 212 Mineola Avenue, Roslyn Heights, New York, 11577. Telephone 516-484-11577.

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American Legion Auxiliary Unit 144 Poppy Campaign

On May 1st the American Legion Auxiliary Unit 144 launched its annual Poppy Campaign to raise funds for veterans' programs.

Since World War I, the poppy has become a symbol of the sacrifice of lives lost in war and represents the belief that none have died in vain. The poppies distributed through this Campaign are made by veterans.

When you make your donation and receive a poppy, you are telling others that you recognize the sacrifices of those served, and doing so in a very public way.

Donation canisters are located in businesses throughout the Village of Williston Park.

When you see one, please think of the importance that your donation will make, and give what you can.

Mayor Ehrbar, receiving a Poppy from Sally Mitchell, Chairwoman of the American Legion Auxiliary Unit 144 Poppy Campaign.




Calling all East Williston Seniors!


Join your fellow EW Seniors

On Thursday, May 17th

At 1:00 pm in the Village Hall



Snacks and dessert will be served





Come join your East Williston friends for a fun afternoon of **Paint and Snack**. The Little Art Shop of East Williston will provide instructions and materials to create your own work of art.

Looking ahead.....
June meeting will take place on **Thursday, June 21st**. Join us for an ice cream social to welcome Summer.

You're Invited, Friday June 1st @ 7:30pm

CUB SCOUT PACK 311
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INVITES YOU TO ATTEND OUR OPEN HOUSE

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We are currently inviting grades K- 5 for our scouting program. Our Scout Dens have a tendency to fill quickly so register now to reserve a place for your child.

When: Friday June 1st at 7:30 pm
Where: The Episcopal Church of the Resurrection
147 Campbell Avenue at Center Street
Williston Park, NY 11596
For more info Call: Scoutmaster Sean Stone 917 482-4835

Wheatley Sports News

Wheatley's Will Feil Commits to the University of Albany!

The Wheatley Athletic Program is honored to recognize the accomplishments of Will Feil (Class of 2018). Will has signed a letter of commitment to continue his impressive academic and baseball career at the University at Albany. Will Feil is a rare three-sport athlete. As a member of our Varsity Soccer, Basketball and Baseball teams, Will has established himself as a student-athlete of high recognition.



Will played on our Nassau County Class B Championship Soccer team. As Captain of our Varsity Basketball team, Will earned All-Conference recognition for his outstanding play during the 2017-18 season. He is a returning Captain for the Wildcats Baseball team, and a returning “All-County 2017” and “All-Conference 2016” member of our varsity baseball team. Will’s accomplishments on the baseball field have earned him recognition as one of Newsday’s Top 100 Players. Will was a key contributor to the baseball team’s 2016 Nassau County Class B and Long Island Class B Championship as well as the 2017 Nassau County Class B Championship. As our most complete player, he performs at the highest level on the field and continually inspires and supports his teammates. Will’s leadership and ability are being counted upon to lead us back to the Nassau County Class B Baseball Championship, and beyond.

Will is also a standout away from the diamond, and his outstanding transcript speaks for itself. Will has a weighted GPA of 4.0, his rigorous course of studies includes 8 Advanced Placement courses. Through his efforts Will has earned the “AP Scholar with Honors” distinction. He has extensive community service and volunteer experience as a member of our National Honor Society and Foreign Language Honor Society. Will is also a member of the St. Aidan’s Peanut Butter Gang. Will is a thoroughly well-recognized student-athlete.

In February, Will signed his Letter of Intent to attend the University at Albany to compete in baseball. His academic scholarship and athletic prowess will allow Will Feil to continue his pursuit of excellence. We are all very proud of the accomplishments he has earned and look forward to his future achievements!

Joseph Contrastano Earns All-American Status at 2018 Nationals!

The Wheatley Athletic Program is honored to recognize the accomplishments of Joseph Contrastano. Joe, a sophomore, is a three-year starter for the Carle Place/Wheatley wrestling team. He is a returning All-State wrestler (6th NYS Division 2), three-time All-County and two-time Nassau County Champion. Last month, Joe earned All-American Status through his efforts at the NHSCA High School Nationals meet in Virginia.

Joe helps to organize practices and takes care of pre-game practice and match responsibilities. As our most accomplished wrestler, Joe performs at the highest level on the mat and continually adds spirit and confidence, keeping the team motivated and enthused. He has been a major contributor and the source for keeping the Carle Place/Wheatley wrestling program viable. As the recipient of every wrestling recognition that The Wheatley School awards, Joe has excited the Nassau County and New York State wrestling enthusiasts for the past three years.




Joe’s outstanding accomplishments speaks of his unlimited talent and desire to be the best. Next season Joe will be entering his junior season as one of the top-ranked wrestlers in Nassau County and New York State. His focus and dedication to the sport of wrestling has allowed his talent to be sought after by many Division I wrestling programs. Joe has been a member of Vougar’s Honors Wrestling Club, one of the top clubs in the country. Joe is a true student of the sport and returns the help and instruction he has received from his coaches by mentoring the younger members of the club as a volunteer coach and supporter.

At this prestigious wrestling Club, Joe has competed nationally and has achieved All-American recognition. At the 2018 Nationals Joe finished with 8 wins and earned All-American status with a 7th place finish. This is a major accomplishment and a result of the hard work, commitment and perseverance Joe has endured over his wrestling career.

The Williston Post is pleased to congratulate these two exemplary young men on their achievements, and their parents and coaches for the support which has surely played a role in their success. Well done to all.

Articles and photos courtesy of The Wheatley Way



WE'RE BACK BETTER THAN EVER!

To our Friends In the Willstons ,

Life has a funny way of throwing us curveballs- but sometimes we hit that pitch out of the park.

That's exactly what's happening with the Williston Park Civic Association. I know, I know- you probably thought we were ready to hang up our cleats. But after what can only be described as "minor slump" we're out here slugging again.

I'm happy to report that our "2017 Meet the Candidates Forum" was a well-attended success and in response, a steering committee was formed to manage the considerable, new interest in joining our association. **In fact, we saw more than 40 new members join the association in March and April of this year alone!** It's an absolutely exciting time with lots of energy and new ideas. And it's deeply satisfying to hear from so many young families who - just like us- love Williston Park and want to preserve her quality of life.

In that light, I'm inviting you to renew your membership with the association.

Don't worry. The dues haven't changed, nor will they. It's still only \$15 for a single membership or \$25 dollars per couple in the same household. Best of all, the renewed membership will last for a 20-month period, ending December 31, 2019. So, I'll ask you plainly:



Will you help keep Williston Park the best little village in New York?

As a bonus for joining now (until supplies run out) we'll send you a W.P. Civic T-Shirt so you can show off your village pride. just request an application at info@willistonparkcivic.org and we'll email it right over to you.

There might be some who think that loving their hometown as much as us is a little cliché. I guess they don't know what it's like to have a place like ours. My hope is that your love for "the Park" hasn't faded and that we can count on you to help keep this good thing going - not only for ourselves - but for our children and grandchildren.

Sincerely,

Bob Mitchell,
President,
Williston Park Civic Association



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Lebanon/Grenada Aug. 24, 1982 - July 31, 1984	WWI April 6, 1917 - Nov. 11, 1918
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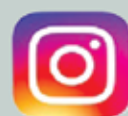
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