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# The Williston Post

Hometown News for Hometown People

VOLUME III ISSUE V

MAY 2016

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FREE

# PLAY BALL!

## Little League Season Opens in the Willistons

The Opening Day parades and ceremonies are a sure sign that Spring has returned to the Willistons.

As always, these events happen because so many people contribute their time, talent and resources.

Thanks go to the coaches, the DPW workers for both villages who ready the ball fields for opening day and throughout the season, and the local businesses that sponsor the teams.

Thanks as well to Gino's Pizza in Williston Park which supplied pizza for all of the hungry marchers who



came to Kelleher Field on Opening Day.

Our local businesses are the reason why so many good things happen in this Community. Please patronize them whenever you can—they deserve your support.

We're happy to publish these photos of marchers and, more importantly, our young ballplayers. We hope you enjoy them as much as we enjoy sharing them with you.

*Continued on page 16*



# THE HERRICKS LEISURE CLUB DELIGHTS IN SPRING

By Dorothy Daly

Ah Spring – what a delectable season!

Once again it inspires the members of the Herricks Leisure Club to appreciate the extraordinary blessings of nature. As the bluest of skies hover above a glorious kaleidoscope of aromatic blooms our seniors reminisce about recent club events.

Our meeting of February 25 featured a celebration of 2 anniversaries and 11 birthdays as well as a visit from Charles Berman, our Receiver of Taxes, who presented a program which addressed the tax Grievance Process.

When we gathered on March 3, Director Frances Kivatsky alerted us to phone scams and requested approval of an ad for the Herricks Players new production. Our surprise guests were School Supervisor Fino Celano and Business Administrator Helen Costigan who informed us that she is retiring in June.

A fun party took place at our assembly of March 10 when we commemorated St. Patrick's Day with an appropriate corned beef and cabbage feast. Mrs. Kivatsky thanked Tess Fiorentino and Marie Rallo for chairing this savory fete.



Jim Villani, who celebrated his 95th birthday in March.

At our convening on March 17, Tess invited us to enjoy signature pastries in honor of St. Joseph's Day and thanked us for participating in her memorable 94th birthday party.

President Marie Cristello conducted a celebration of 15 birthdays including the notable 95th of James Villani.



Dorothy & Frank Daly who celebrated their 62nd anniversary in April.

Our recently widowed former President Hilda Escobar offered a poem on behalf of our widows and widowers – the last stanza opines : “A part of me went with you the day God took you home.” A sharing of compassion and understanding is a defining element of our organization.

When we met on March 31, Treasurer James Kovalsky submitted an extensive financial account. Legislative Chairlady Fiorentino reported that, due to a 4 billion increase in school aid, our school budget will be positively impacted. Our gratitude was expressed to Mary Carotenuto and Lillian Giordano for procuring the day's bagel repast.

At our April 7 meeting, we were happily surprised to find Russell Stover candies at each table, which were a “thank you” from Tess in appreciation of our participation in her birthday celebration. Chocolate donuts topped off this “sweet” afternoon.

A stimulating day at the Empire Casino was our destination on April 13. The focus of the following day's assembly was the commemoration of 7 birthdays and 2 anniversaries which

included the remembrance of the 62nd anniversary of Frank and Dorothy Daly.

What could be more exciting than a French Revue starring Edith Piaf? That spectacular show awaited us at our get-together of April 21. Lois Morton, an impersonator of the renowned songstress, presented an enchanting collage of Piaf's music and commented on the many facets of her complicated life and career. We were a captivated audience transported to a bistro on the Siene. Thank you Frank Vendinello for arranging this magical trip to Paris. The pizza party that followed was an extra added attraction.

Indeed, the meetings and activities of the Herricks Leisure Club were highlights in the lives of our members as we moved from the winter doldrums to the delights of the season that puts “spring into our days”.

**CELEBRATE WITH US  
THE 40TH ANNIVERSARY OF THE  
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as we present  
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## A BLESSING OF THE ANIMALS AT THE COMMUNITY CHURCH OF EAST WILLISTON

Bring Your Critters!!

On Sunday the 15th of May at 2:00 p.m. The Community Church of East Williston, (45 East Williston Avenue and High Street) will hold a special outdoor service “A Blessing of the Animals.”

We welcome you to come and join with us for this day of fun, fellowship, and dedication.

All pets are welcome, even snakes, (if you hold them).



Afterwards there will be refreshments as well as dog biscuits for the canines and kitten treats for the felines.

During refreshments there will be the opportunity to meet and learn about each other's pets.

Please come and join with us on Sunday afternoon the 15th at The Community Church of East Williston, 45 East Williston Avenue in East Williston.

For further information please call the Church at 516-742-9690, or Rev. Dan at 516-987-7708.



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# 1<sup>ST</sup> ANNUAL HISTORIC MOTOR PARKWAY MEMORIES ANNUAL HISTORIC MOTOR PARKWAY ANTIQUE CAR SHOW FAMILY DAY - FLEA MARKET

By Frank J. Oliveri

The Historic Vanderbilt Motor Parkway came back to life in the Village of Williston Park, and was once again the venue for a thundering antique race car, as well as beautifully restored antique cars from several eras.

American Legion Williston Post 144 Past Commander Bob Guastella, who is the proud owner of a 1930 Ford Model A Roadster and a member of the Antique Automobile Club of America, had the grand idea to bring his love for antique cars and the His-

toric Motor Parkway together in one place.

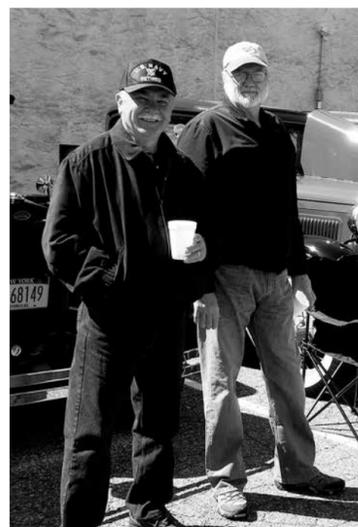
Working together with members of the Antique Automobile Club of America the plan came together on Sunday April 24th on the Historic Vanderbilt Motor Parkway in the Village of Williston Park next to Williston Post 144. There were over 100 attendees who brought their special cars to show at this great event.

We all hope that this event will continue with great success in years to come.

A special appearance was made by a magnificent old racing car, the Alco 1909 Black Beast, whose owner allowed children to sit in this special automobile. He also provided a "blast from the past" (and anyone who has heard the Beast in action knows just how true this is) when he gave rides in the Black Beast to attendees on the Historic Motor Parkway.

In recognition of the upcoming Poppy Month in May, a special appearance was made by Ms. Sally Mitchell, this year's Poppy Chairwoman for American Legion Williston Post, Auxiliary Unit 144.

Thanks go to Bob Guastella, the members of the Antique Automobile Club of America and to all who contributed to the event, for their hard work and for a job well done!



Clockwise from top, Past Commander Robert Guastella with his 1930 Ford Roadster; cars from the "Sweet Fifties;" Susan Otto, Arlene Berlingame, Chairwoman Sally Mitchell, Supporting our Veterans; The Alco 1909 Black Beast; two antique car lovers; Past Commander Bill Vesley & friend Fred Poci with his 1960 Rambler American.

## ST. AIDAN SCHOOL MOCK TRIAL TEAM SHINES THIS SPRING

The St. Aidan School Mock Trial Team recently hosted its annual Spring Competition at St. Aidan School.

The school hallways became the halls of justice, while classrooms were turned into courtrooms.

St. Aidan Mock Trial team moderator, Steve Loewenthal, J.D., welcomed over 300 guests and outlined the format of the Competition which consisted of two rounds of trials plus finals, conducted by 18 teams and 99 students.

Each team took turns presenting the prosecution and the defense in a case about breaking, entering and stealing an upcoming scholarship exam. Several local lawyers and members of the Mock Trial Team from Our Lady of Mercy Academy volunteered their time to judge the trials and to offer feedback to the participants. Additionally, two local judges, Nassau County Court Judge Jerald Carter and Nassau County District Court Judge Scott Fairgrieve, joined the proceedings.

The competition was stiff and, at the conclusion of three rounds, St. Aidan's placed third out of 18 teams, edged out by Our Lady of Lourdes and St. Peter's of Bayshore.

Congratulations to Stephen Poarch, Victoria Zakovic (pictured at podium above), Sarah Gugliermo, Christopher



Victoria Zakovic at the podium.

Marotta and Brynn Nelson as well as all of our other St. Aidan's team participants for their outstanding performance.

At their next tournament, the St. Peter of Alcantara's Mock Trial Competition in Port Washington, the St. Aidan School team again shined, demonstrating their ability to think on their feet, improvise, argue convincingly and have a great time while doing it. The Team advanced to the final round before a panel of 5 judges in St.

Peter's Church and this time placed second among the many participating schools. Liam Cooke and Jack Mackay gave focused and persuasive narratives of the case and evidence in their opening and closing statements. Jack Riordan kept opposing counsel and the judges on their toes with his many timely and thoughtful objections. Erin Morrissey offered up a stinging cross examination of the opposing witnesses. St. Aidan School student witnesses Jacqueline Uttaro, Abigail Callahan,

Eireen McGuire and Julia Valente portrayed characters convincingly, proving to the judges the innocence or guilt of the defendant.

The St. Aidan School Mock Trial team is now vigorously preparing for the St. John's Law School Competition in May, and The Williston Post looks forward to reporting on their participation in that competition, and on their many successes in the years to come.

Well done, young advocates!



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# A FAIR FOR THE FUTURE

## Mineola High School's Career Day

Juniors came dressed for success and eager to learn about possible career options at Mineola High School's annual Career Day.

Designed as roundtable discussions, professionals from more than 40 organizations spoke with the students about their careers.

Among the presenters were six MHS alumni and businesses from within the community.

The opportunity that the students had to speak with professionals provided them with knowledge they may not have otherwise obtained from traditional career resources.

The presenters explained to students the connection between academic coursework and potential careers, and outlined for the students the various career options afforded by specific technical programs and college majors.

Right, Mineola High School Career Day Alumni



# ST AIDAN'S MIDDLE SCHOOL BASEBALL BEGINS THEIR INAUGURAL 2016 SPRING SEASON

On Thursday, April 14, 2016, the St. Aidan's Middle School Baseball Team opened their spring season against St. Raymond's of East Rockaway at Newbridge Park in Bellmore.

With temperatures still a little cool, the team played the inaugural baseball game of the St Aidan's baseball program under clear blue skies. The team played well but lost a squeaker to St. Raymond's 4-3.

St. Aidan's pitching was strong as starting pitcher Stephen Poarch threw 5 innings, striking out 9 and allowing only 2 hits.

Joe Dellolio threw 2 innings in relief allowing one hit and striking out 6.

The offense was led by Joe Dellolio who hit a home run to deep right center and Aidan Scott who hit a RBI single in the first. Sean O'Hara also had a hit and was robbed of another base hit by a nice defensive play by St Ray's.

Solid defensive plays were made by Aidan Scott at third, Joe Dellolio at shortstop, Kevin Meegan at catcher and Patrick Solosky at first.

St Aidan's played a non-league game against a Mineola Hurricanes



travel team at the newly-refurbished Mineola High School field.

Behind excellent pitching by Aidan Scott and Jack Mackay the Stallions defense made some nice plays.

Matt O'Leary, Liam Cooke, Sean O'Hara all made some sharp defensive plays. Hitting was sparked by Matt O'Leary, Sean O'Hara, Patrick Solosky, Jack O'Sullivan. Despite playing tough, the Stallions of St Aidan's took the loss.

St. Aidan's travelled to Uniondale to face the Firebirds of the Kellenberg Latin School.

The Stallions of St Aidan's played the first place Firebirds in a tough game.

Patrick Solosky was 1-2 with a smash single in the first inning down the left field line.

Strong pitching was turned in by Stephen Poarch and Joe Dellolio,

The defense was led by Colin Fisch, Joe Dellolio and Patrick Solosky who combined for two double plays in the field.

Despite a strong performance, the Stallions of St Aidan's fell to the Firebirds

The Stallions of St. Aidan's took to the road again and faced our Lady of Peace Middle School at Seaman's Neck Park in Seaford.

With a stiff off-shore breeze blowing in, St Aidan's battled hard all game. Behind strong pitching by Joe Dellolio and Stephen Poarch, who combined for 9 strikeouts and only allowing one hit, St Aidan's rallied in the 5th inning for four runs.

Unfortunately, the momentum for St. Aidan's was cut short by the "time limit" of the game and the Stallions had to take the 5-4 loss.

The St Aidan's Middle School Baseball team is in their inaugural season and plays in the Catholic Middle Schools Athletic Association (CM-SAA).

The team plays against other Long Island Catholic Middle Schools around Nassau County.

The team is coached by Manager Ken Solosky and St. Aidan Alumni Coaches Liam O'Gara and Kenny Solosky.



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# BROADWAY COMES TO BACON ROAD: THE WHEATLEY THEATRE COMPANY PRESENTS "THE DROWSY CHAPARONE."

The audience could hardly drowse through the Wheatley Theatre Company's performances of "The Drowsy Chaperone" on April 7th through 9th. This funny "play within a play" featured an exceptionally talented cast who demonstrated their acting, singing, dancing and comedic skills throughout the performance.

If you haven't seen this play on Broadway, it is a parody of American musical comedy of the 1920s.

The story concerns a middle-aged, asocial musical theatre fan, played masterfully by John Wanamaker.

As he plays a record of his favorite musical, the (fictional) 1928 hit "The Drowsy Chaperone", the show comes to life onstage as he wryly comments on the music, story, and actors.

His love of the "play" was not misplaced, for this performance showcased solo performances by a host of cast members, clever and demanding dance and acrobatic numbers, and a multi-talented chorus that performed in true Broadway musical style.

The costumes and stage settings rounded out a totally enjoyable and very funny evening, directed by Andrew Ardito and supported by the Wheatley "pit orchestra".

Keep tuned for next year's per-



formances by the Wheatley Theatre Company and enjoy a touch of Broadway in your backyard!

Clockwise from top left, Gangster/Pastry Chefs Andrew Jin, Lianna Golden, Mike Koszaika and Joy Bestourous; John Wanamaker; the cast takes a bow. Photos courtesy of the Wheatley Theatre Company.



## PENNY SOCIAL

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The current owners are Williston Park native sisters Patti Lettiere-Agro and Donna Sandler, with their husbands Alan and Sam.

Together they have kept TR's as the warm and welcoming pub that Angela and Bill envisioned.

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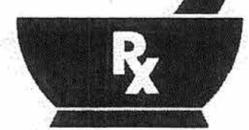
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# ROTARY REVERSE RAFFLE

When does it pay to come in last? Those who attended can tell you that it's at the Rotary Club of Williston Park's Reverse Raffle, of course.

For those of our readers who have never attended one, a reverse raffle holds the best for last—the last number called wins the grand prize.

On Friday, April 8, over 90 people gathered at the American Legion Hall in Williston Park to participate in the Rotary Reverse Raffle – each attendee waiting to see whose ticket would be the very last one drawn in the raffle and garner a \$2500 grand prize.

Tickets were drawn as the attend-



ees enjoyed a delicious buffet dinner of Italian specialties provided by Dominick's Italian Deli in New Hyde Park and music and dancing provided by lawyer-by-day/ deejay-by-night Tim Aldridge, Esq.

The anticipation mounted as the evening progressed along with prizes for every 25th ticket selected.

HOLDERS of these lucky tickets won a \$100 prize.

As tickets were drawn, sometimes to audience groans, the audience waited to see if their tickets would still be "in play".

Finally, the long awaited final draw-



ing of the evening came along with the dessert – as the last 21 tickets were read and then the two final numbers selected.

These lucky grand prize ticket holders decided to split the prize, each leaving with a \$1250 prize.

The event was an overwhelming success, with prizes for some, and great food, dancing and friendship for all.

Best of all, the Raffle enabled the Rotary Club to raise money that will be used to support many worthwhile local and international charities.

The Rotary Club always welcomes new members.

If you would like to participate in the Rotary Club of Williston Park, the Club meets each Wednesday at the International House of Pancakes on Hillside Avenue at 8:00 A.M.



Clockwise from the top, Jim Daw, Rosemary Graziano and Kathy Daw announcing the winners; Frank Galalis and Cuqui Arken; Bill and Karen Wiley; The American Legion Bartenders; waiting for the results; Raymond and Lisa Haller.

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## NEWS FROM CLARK GARDEN

### Spring Festival at Clark Garden

The First Annual Clark Botanic Garden Spring Festival will be held on Sunday, May 15 from 12 p.m. to 5 p.m. at Clark Botanic Garden in Albertson. The Spring Festival will feature:

- Wildlife demonstrations by Ranger Eric Powers of “Your Connection to Nature”
- Fairies on Stilts from the National Circus Project
- A program by the Wildlife Theatre of the Central Park Zoo
- Live music by Milkshake, which has performed locally at Kidstock
- A petting exhibit from Green Meadow Farms
- A visit by Theodore Roosevelt re-enactor James Foote
- Crafts, nature walks, face painting, a photo booth and other seasonal activities.

### A New Greenhouse

Clark Garden will be constructing a new 4,200 square foot greenhouse that will be used to grow and overwinter plants for use throughout the garden. While the greenhouse itself will not be open to the public, visitors to the Garden will be able to enjoy plants that will be propagated there by the Clark Garden horticultural staff. The Garden plans to use the greenhouse to expand its collection of rhododendrons, azaleas, camellias and heathers, among others.

### 47th Annual Mothers' Day Plant Sale at the Garden

Clark Garden held its annual Mothers' Day plant sale on May 6th and 7th. The sale featured annuals, perennials, herbs, shrubs, hanging baskets and vegetables for purchase and raised money for the Fanny Dwight Clark Memorial Garden, Inc.

The Plant Sale also featured an Art Show, Attic Treasures, the Garden Gift Shop, the Garden Tea Room, Raffles and an opportunity to purchase Bioferm “Black Gold” to make your garden grow.

Clark Botanic Garden is located at 193 I.U. Willets Road in Albertson and is an incredible asset for our Community. We urge you to schedule a visit, and to enjoy a few moments or a whole day of serenity and beauty there.



## MEADOW DRIVE STUDENTS CONVERT BOTTLE CAPS INTO A WORK OF ART

Under the instruction of art teacher Jaclyn Manouvrier-Altman and science teacher Katelynn Schmidt, students at Meadow Drive School in the Mineola Union Free School District created a recycled bottle cap mural to tie into the theme of “Recycle and Reuse.”

Students have been collecting a variety of bottle caps in different colors and sizes since the beginning of September.

The caps were sorted and counted during Science Class.

The students teamed together in Art Class to transform the caps into a mural to beautify the school, and serve as a highlight for STEAM Day, and the Art Show, in May.



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Maureen Corrigan-Treasurer for Chamber of the Willistons

Millie Wales, Liz Drankwalter, Bob Willoughby, Maria Silva-Cunha,  
Traci Mulrean, Brittany Willoughby, Ashley Willoughby  
Mineola Firefighter -Brendan Corrigan, Mineola Jr. Firefighter-Andrew Desiderio

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# BATTER UP! IN

# THE WILLISTONS



# OUT AND ABOUT

## Reagan Stone Sings 70's Hits

St. Aidan's Cantor and entertainer extraordinaire Reagan Stone performed songs from the 70's to a full house at Rialto Restaurant in Carle Place on April 20th.

The meal was from a five course prix fixe menu, with three starters, a main

course and a dessert.

Many familiar faces from the Willistons enjoyed a fabulous dinner along with Reagan's beautiful performance of fondly remembered songs such as Natural Woman, I Will Always Love You, Saturday in the Park and Love Will Keep Us Together.



## ELSA COMES TO TOWN

Much to the delight of the many young girls in attendance at Tony Lubrano's Piccolo Busola Restaurant in Mineola, Elsa paid a visit and wowed her audience with beautiful songs from Frozen. Kudos to Caitlin Calio for continuing this wonderful tradition!



Clockwise from top left, Maureen O'Connell, Rialto Owner Tara Fuentes, Diane O'Donnell, Charlotte VanderWaag, Reagan Stone, Christy Lavelle and Nancy Zolezzi; Reagan Stone; Reagan Stone welcomes Nassau County Clerk Maureen O'Connell and Christy Lavelle.

From left to right it's Elsa, Addison Gouskos, Kristin Patterson and Ciara Patterson.

# A VERY HAPPY BIRTHDAY!

On April 16, 2016, Gabriella Rose Lovdahl of Broad St. celebrated her 2nd Birthday with a Wizard of Oz Party. Naturally, Gabby was Dorothy, and the other guests took on the parts of the other well-known characters. As an added treat, farm animals and a pony ride were also available and a great time was had by all who attended.



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## MACARONI MAKES A DIFFERENCE



Mineola High School hosted its fifth annual "MINNeola Macaroni Making a Difference" Community Pasta Dinner to benefit the Mary Brennan INN.

The Inn, the largest soup kitchen on Long Island, serves over 400 lunches daily to its guests.

Faculty, staff, students and their families donated all of the food, beverages and desserts served and students and faculty prepared and served the meal.

Residents from all over the community, including senior citizens, Junior Firefighters, sports teams and district students and families showed their

support and generosity by attending the event held in the high school cafeteria.

This year, volunteers served over 400 dinners and were able to raise more than \$2,750.

In addition, many guests donated items, including towels, toiletries, clothing and canned food, which were given to the INN.

As Executive Director of the INN Jean Kelly said as she thanked all the participants; "Mineola is truly a caring and generous community, and the students and their families are leaders in the efforts to combat hunger and homelessness on Long Island."



Photos courtesy of the Mineola Union Free School District

## EAST WILLISTON LIBRARY NEWS

### Hal Bock Talks Baseball

On Friday, May 20th at 7:30 p.m., local author Hal Bock will talk about his book "The Last Chicago Cubs Dynasty—Before the Curse." The book discusses the time, quite a long time ago now, when the Cubs were a baseball powerhouse, and when the phrase "Tinker to Evers to Chance" meant "nothing but trouble" for the Cubs' National League rivals during the season, and for their American League opponents in the World Series, which the Cubs actually won. It promises to be an entertaining lecture, and all are invited to attend.

### Summer Reading Program

The Library will be conducting its Summer Reading Program, starting on July 5 and ending on August 4. The Program will consist of two weekly sessions, on Tuesdays and Thursdays from 11:30 to 12:00, and will involve stories and crafts. While there will be a sign-up for the program announced shortly, walk-ins are always welcome. Details for the opening party, and the end of program Pool Party will also be announced at sign-up.

### Bugs, Frogs, Toads and Fun!!!!

Jason from Green Meadows Farm will be returning on July 13 to give another interesting program. Previous programs involved Frogs that Stick, Toads that Fizz and Boom the Science Balloon, among others and were a load of fun for the children. We don't know precisely what Jason has in store for this year's program, but we know that it will be educational and loads of fun.

## IGAN/DDI Golf Outing

07/15/2016

Only at  
**Pine Ridge Golf Club, Coram, NY**

11:30 am Registration  
 12:00 pm Lunch  
 1:00 pm Shotgun Start  
 5 pm Dinner & Awards



Registration cost prior to June 1<sup>st</sup>.....\$200 per golfer  
 Registration cost after June 1<sup>st</sup>.....\$225 per golfer  
 Dinner ONLY.....\$60 per person  
 \*Registration closes June 30<sup>th</sup>!!!\*

Checks payable to: IGAN Foundation  
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**\*\*\* EMAILS ARE REQUIRED FOR  
 REGISTRATION AND SPONSORSHIPS\*\*\***

\*Karl and I are teaming up to run this event to benefit two organizations that are close to our hearts. Thank you for your support.\* - John Marsala, IGAN Board Member

# “HEARS” TO YOU: WHAT’S THE LINK BETWEEN CHRONIC KIDNEY DISEASE (CKD) AND HEARING LOSS?

Nearly 30 percent of the CKD participants showed severe hearing loss compared with only 10 percent of the non-CKD participants.

By **Carolyn M. Genna, AuD, FAAA**

A team of Australian researchers found that older adults with moderate chronic kidney disease (CKD) have a higher prevalence of hearing loss than those of the same age without CKD, according to a study published in the American Journal of Kidney Diseases and highlighted in the National Kidney Foundation Website.

The researchers assessed more than 2,900 people aged 50 and older, including 513 with moderate CKD. More than 54 percent of

those with CKD reported some level of hearing loss compared to only 28 percent of the rest of the group.

Nearly 30 percent of the CKD participants showed severe hearing loss compared with only 10 percent of the non-CKD participants.

According to study author David C. Harris, structural and functional similarities between tissues in the inner ear and in the kidney may explain the link between moderate chronic kidney disease and hearing loss.



He also reported that toxins that accumulate in the kidney as a result of kidney failure can damage nerves, including those in the inner ear.

Hearing tests by an audiologist should be a routine part of the medical care for people with kidney disease to help optimize their quality of life.

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## MANAGING YOUR *HealthCare*



### LASER NAILS

By **Dr. Mary Carlson, D.P.M.**

Toenail fungus is a serious condition that manifests itself with a variety of unpleasant symptoms, including discoloration of toes, hardening of the feet, foot odor. Toenail fungus can even lead to severe pain and discomfort.

Toenail fungus is a very common infection that can easily be contracted while exercising at the gym, trying on clothes in the fitting room of your favorite department store, or even while you are at work. Individuals who suffer from diabetes and circulation problems are also at a high risk for getting this infection.

If you are one of the tens of thousands of Long Islanders suffering from the pain and soreness associated with toenail fungus, Dr. Mary Carlson and her friendly staff are here to help. Dr. Carlson has dedicated her entire career to providing patients with a superior in-office experience, state-of-the-art pain-free procedures, and most importantly, proven results.

If you are embarrassed about your condition, or are fearful that a successful treatment will involve a painful procedure, do not worry. Dr. Carlson utilizes the latest in FDA-approved laser technology which allows her to remove the fungus and alleviate the pain, all without having to perform invasive surgery.

Laser treatments penetrate deep into the skin which helps to accelerate the growth of healthy cells and tissue, remove the fungus, and restore your feet back to perfect health. Many patients see progress in as little as one treatment and are able to go back to work immediately after the procedure. With beach and flip-flop weather

er quickly approaching, schedule your appointment with Dr. Mary Carlson today so that you can finally have some well-deserved fun in the sun!

**Dr. Mary Carlson**

Dr. Mary Carlson is a graduate of the New York College of Podiatric Medicine and has spent her entire career providing superior care to every single one of her patients. She does this by creating an office environment that fosters warmth and compassion, treating every patient with the respect and dignity that they deserve.

With state-of-the-art laser technology and x-ray imaging devices located on-site, she is able to diagnose and treat most conditions right in the comfort of her own office.

If you would like to schedule an appointment or find out more information on the services Dr. Mary Carlson offers, please contact her office at 516-248-8188.

#### Community Awareness

Dr. Mary Carlson's passion and commitment to serve extends far beyond her the work she performs in her office.

As founder and president of "Shoes for All," a non-profit organization that collects and distributes new and gently used shoes to families in need, she has helped men, women, and children all across Long Island to obtain one of the most basic necessities that many of us take for granted.

Everybody can help make a difference by donating shoes that they no longer wear. It's that simple. Please check out [www.ShoesForAll.org](http://www.ShoesForAll.org) or call 516-506-SHOES to donate.

All donations are greatly appreciated!

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# PAT MARS RETIRES FROM THE WILLISTON PARK LIBRARY



The staff and patrons of the Williston Park Library were saddened but happy to learn that Pat Mars has retired after 23 years of dedicated service.

Over the years, Pat has seen many changes in the Library, starting with its initial automation to our presence on Facebook and Twitter; she saw the expansion of the Library and its many renovations.

She's seen children who used to attend our programs grow into wonderful young adults.

We will miss Pat terribly.

The entire library staff will remember Pat not only as a conscientious worker with an impeccable work ethic but also as a lifetime friend.

The young staff members, past and present, have always regarded Pat as an influential mentor in their lives—all are college graduates and two have entered the library profession.

The patrons will miss her smiling face and the enthusiasm with which she served.

Nevertheless, we are happy for Pat

as she begins this new journey, and we wish her and her family nothing but happiness in the years to come.



# MINEOLA HIGH SCHOOL DRAMA CLUB TO PERFORM "THE WIZARD OF OZ, JR."

As this edition of The Williston Post is going to press we are happy to report that, continuing a year of tremendous theatrical success, the Mineola UFSD Department of Fine and Performing Arts will have presented The Wizard Of Oz, Jr. on May 6th and 7th.

This abridged version of the timeless classic is perfect for younger children, and provided a delightful hour and a half of entertainment.

We all know the story.

Dorothy Gale (Isabella Posada) lives on a farm in Kansas with her Aunt Em and Uncle Henry. She keeps getting in the way while the adults work, so she

*Perfect for younger children and a delightful hour and a half of entertainment.*

finds a quiet place where she won't get into any trouble —"Over The Rainbow."

The girl is upset when the mean Miss Gulch comes to take her dog Toto away. However, Toto escapes and joins Dorothy as she runs away from

the farm. They meet the kind Professor Marvel, Austin Velez, who convinces Dorothy to go back home.

When a cyclone hits, Dorothy and Toto seek shelter in her room, where Dorothy is accidentally hit on the head.

When she wakes up, her house has been carried to The Land of Oz, where it lands on the Wicked Witch of the East, freeing the Munchkins from the Witch's power.

The Wicked Witch of the West (Stephanie Toms) comes to avenge her sister's death and to claim her sister's magic ruby slippers, only to find them on Dorothy's feet, where the Witch

can't get to them. Dorothy wants to go back home to Kansas, but the good witch Glinda (Sarah Stiehl) and the Munchkins tell her she must seek help from the Wizard of Oz. So Dorothy is off to see the Wizard. Along the way she meets three new friends and travel companions; the Scarecrow (Louis Schreib), the Tin Man (Miguel Velasquez), and the Lion (Robert Shevlin).

Below is a photograph of the entire cast.

We hope to have photographs from the performances themselves to share with you in the June edition of The Williston Post.



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## RAISING A FLAG FOR AIR QUALITY



In a joint partnership with the Environmental Protection Agency, Mineola High School has become the first school in New York State to participate in the School Flags Program.

Designed to track air quality index levels, the program asks participating schools to raise a flag each day based upon the area's air quality index.

A green flag will signify good air quality, yellow is moderate, orange is unhealthy for sensitive groups, red is unhealthy, purple is very unhealthy and maroon is hazardous.

Mineola's Environmental Club, AP Environmental Science class and the life skills classes are all assisting in the venture, which kicked off with a special ceremony on Thursday, April 21.



Photos courtesy of the Mineola Union Free School District

## ST. AIDAN SCHOOL & SCHECTER SCHOOL SHARE THEIR FAITH

Eighth Grade students from Saint Aidan School and the Schechter School, Williston Park, learned about each other's springtime religious feasts--Easter and Passover--on Monday, April 19 at the Schechter School.



Students viewed an excerpt from Prince of Egypt, which emphasized Jewish/Christian commonality, as did a reading from Exodus.

Later, faculty and students all joined in a matzo-making session; matzos were baked on site and enjoyed at the end of St. Aidan's visit.

Schechter students led Saint Aidan students through the traditional Seder meal, explaining the meal's elements and symbolism as all shared Seder foods.

Saint Aidan students were invited to explain their Easter traditions.

Students sang "Echad Mi Yodea" ("Who Knows One?"), a traditional Passover children's song, and the visit concluded with a Hebrew prayer of thanksgiving and a Christian Grace after Meals.



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Questions? Please call  
Tim Casey @ 516-996-7792  
or Tara Bridges @ 516-647-4199.  
Visit us on Facebook at Williston Park Recreation for  
recreation event information and other news.

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# BODY IMAGE FITNESS COMES TO WILLISTON PARK

We are always happy to welcome a new business to the Willistons, and would like to introduce you to Todd Gates and Jason Nelson of Body Image Fitness, located at 314 Hillside Avenue, which will have its Grand Opening on May 21st.



Todd Gates has been a certified strength and conditioning specialist for 16 years with eight years of experience coaching at the collegiate level, including several years working as a strength and conditioning coach at Rutgers University.

He founded his company, MCore Functional Training Systems, in the

summer of 2006 after inventing the MCore Training Station, which is the 21st century version on the standard exercise bench.

The MCore Training Station was awarded a patent in 2009. He is a

former collegiate athlete who played basketball at the University of Virginia, baseball at Loyola Marymount University, professional baseball with the Texas Rangers organization and basketball overseas. Todd is a 1994 grad-

uate of the University of Virginia in Charlottesville.

Jason Nelson was a soccer player in his native Trinidad and Tobago, and majored in business and building design.

He got involved with strength training to improve his game, migrated to the US in 2005 and started his personal training career in 2006.

Through his quest for knowledge and several certifications later, he started Body Image Fitness in 2009.

When he is not at the gym he spends time with his wife and son and loves being active.

Although he is not built like a typical soccer player, don't be deceived, he can still twist and turn.

Body Image Fitness will be open Monday through Friday from 6 a.m. to 9 p.m., Saturday from 7 a.m. to 3 p.m. and Sunday from 8 a.m. to 2 p.m.



## Come out and join us! THE ANNUAL MEMORIAL DAY PARADE

Sponsored by  
The American Legions Williston Post 144

★  
Monday, May 30th @ 9:30 AM

★  
"NEW PARADE ROUTE"  
The parade starts at the American Legions Hall south on to Willis Avenue to Williston Park Village Hall for the Village's Memorial Day ceremony. Then on to the Williston Park Fire Department headquarters for their Memorial Day ceremony.

# A FRIEND IN NEED

Readers of The Williston Post have probably noted the many times that American Legion Post 144 plays a role in a community event.

As reported in this edition, the Legion Hall was the venue for a Reverse Raffle conducted by the Williston Park Rotary Club, and it has been the site for numerous events, such as blood drives, fundraisers, Communion parties and educational programs.

Members of the Legion are always there when the Community needs them.

Now, however, Post 144 needs us. The Legion Hall is over 70 years old, and is in need of some substantial repair, particularly to the roof and underlying structure.

The Legion is in the midst of a fund drive to raise money to repair the roof. Chance books have been distributed throughout the community.

We urge you to be as generous as your means allow to keep this mainstay of the Willistons open and in operation for at least another 70 years.



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## A FUN NIGHT...AND FOR A GREAT CAUSE RAFFLES AND PRIZES.....BUFFET DINNER.....OPEN BAR



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Cost per Ticket -- \$48.00

<http://napwronaldmcdonaldhouse.eventbrite.com>

Tickets can also be purchased at the door

(a percentage of the cost of the ticket is tax deductible)

For more information contact: [sharonnowak830@gmail.com](mailto:sharonnowak830@gmail.com)

\* NAPW is a national organization of business professionals with over 700,000 members across the United States; the, our Nassau County Chapter has a simple mission statement: Support our Own, Here at Home.

## BOOK LOVERS UNITE AT THE OLIVE BRANCH

"I think it would be nice to have a book club here."

That comment from Joanne Bonafede, a frequent customer of the Olive Branch, sounded like a great idea to store owner Herb Van Hooser, who contacted another customer, Jean Housel, who in turn agreed to lead discussions for a new book study group.

Word spread, and the Olive Branch Book Club launched in early February.

The group of seven men and women decided to start by reading John Ortberg's newest book, All the Places to Go, and they meet faithfully on Wednesday evenings from 7 to 8:30 p.m., gathering among the displays of new books in the store on Willis Avenue to discuss topics and themes in the book.

One book club member, who is recently retired, said she joined the group because she is "interested in the topic," and was "looking for an oppor-

tunity to meet new friends."

Another woman emphasized that, "the members share my desire for fellowship and growth."

Coming this May, the next book up for discussion will be Prayer: Experiencing Awe and Intimacy with God, by Timothy Keller. Keller is founding pastor of Redeemer Presbyterian Church in New York City.

The Olive Branch recently opened in its new location in Williston Park, specializing in Christian books, Bibles, inspirational gifts and church resources.

The Olive Branch Book Club is open to all interested.

For more information, contact the Olive Branch, 516.775.7040.

When looking for Gifts that Encourage and Resources for the Church, visit the Olive Branch, 640 Willis Ave., Williston Park. Hours: Monday and Saturday 10 a.m. to 6 p.m., Tuesday through Friday, 10 a.m. to 7 p.m.



Members of the Olive Branch Book Club meet weekly for lively book discussions. From left, Lorraine Halem, Herb Van Hooser, Joan Alford, Jean Housel, and Louise Van Hooser.

## AMERICAN LEGION AUXILIARY POPPY CAMPAIGN

The American Legion Auxiliary Unit 144 in Williston Park has launched its annual Poppy Campaign to raise funds for veterans programs.

The distribution of the bright red memorial flower to the public is one of the oldest and most widely recognized programs of the ALA. Over the years since the First World War, the poppy has become a symbol of the sacrifice of lives in war and represents the hope that none had died in vain.

The poppies distributed through the Campaign are made by veterans.

When you make a donation and receive a poppy you are telling others that you recognize the sacrifices of those who served in a very public way.

Donation canisters are located in businesses throughout the Williston Park area. If you see one, please consider what the poppy represents and make a donation.



Mayor Ehrbar receiving a Poppy from Sally Mitchell of the American Legion Auxiliary, Unit 144, at the start of the annual Poppy Campaign.



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